



# HAYSVILLE SENIOR CENTER

*LIVE YOUR LIFE & FORGET YOUR AGE*

The Haysville Senior Center & Haysville Hustle  
will be closed on Friday, July 4th  
in observance of Independence Day.  
No meals will be served.

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No Drumming on Friday, July 18<sup>th</sup> to allow staff time  
to decorate for Luau.

No Line Dancing on Wednesday, July 23rd  
Eula will be off on this date.

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## Farmer's Market Vouchers

Unfortunately we have not been given any updates  
on if/when we will receive the KSFMNP Farmer's  
Market vouchers. Sedgwick County will notify us as  
soon as they receive an update. If you wish to be  
placed on a call list, please let us know and we will be  
happy to call you when we receive any updates.

\*Please note- being placed on a call list will not  
guarantee you vouchers. They will still be distributed  
on a first come, first served basis.

We appreciate your patience and truly hope that we  
will still receive these beneficial vouchers!

**JULY 2025**

**160 E. KARLA, HAYSVILLE**  
**316.529.5903**

KRISTEN MCDANIEL  
DIRECTOR OF SENIOR  
SERVICES & TRANSPORTATION  
KMCDANIEL@HAYSVILLEKS.GOV

EULA MAE MCKINLEY  
PROGRAM SPECIALIST  
EMCKINLEY@HAYSVILLEKS.GOV

KAYLA WHITE  
TRANSIT DISPATCHER  
TRANSIT@HAYSVILLEKS.GOV

LAUREL FERRANTI  
TRANSIT DRIVER  
LFERRANTI@HAYSVILLEKS.GOV

CAROLYN ABBOTT  
API KITCHEN MANAGER

VISIT OUR WEBSITE AT:  
[WWW.HAYSVILLEKS.GOV/  
SENIOR-CENTER](http://WWW.HAYSVILLEKS.GOV/SENIOR-CENTER)

LIKE US ON FACEBOOK!  
[WWW.FACEBOOK.COM/  
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**GREAT THINGS ARE HAPPENING IN HAYSVILLE!**





SENIOR CENTER

# ANNUAL LUAU

FRIDAY, JULY 18<sup>TH</sup> | 6:00PM

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## Hawaiian Bros Catering

Honolulu Chicken or Kalua Pork

**\*Must Make Meat Choice At Time Of Reservation\***  
Wonderful New Hawaiian Restaurant In Wichita

**\$10.00 Per Person**

One Guest Allowed Per Member

Reservations Accepted Until 4:00pm  
On July 11<sup>th</sup> Or Before If We Hit Our  
Maximum Of 80 Tickets

**Doors Open At 5:30 PM**





Big THANK YOU to everyone who ordered a Senior Center shirt and especially to those that joined us for our group picture!

## Dinner Update

We have been requesting at several dinners for our members and/or guest to please only take one serving of any leftovers that we may have at a dinner. We continue to have members piling to-go containers full, even bringing large containers from home, and taking easily 3-4 extra servings. At our Sock Hop, we saw several people walk back to their table with 8+ hamburgers/hotdogs to take home. This is incredibly disrespectful to your fellow members. Everyone that attends our dinners pay the same \$10.00 fee. Leftovers are not a guarantee at any dinner. With the cost of food compared to what we charge per meal, we order/prepare food to cover as close as we can get to our final headcount. To keep our dinner fee at \$10.00, we simply can not prepare to guarantee leftovers, especially for all participants.

Moving forward, after all participants have gone through the line to receive their food, we will no longer have participants help themselves to leftovers. After staff has packed any to-go containers for those unable to attend, we will then package any remaining leftovers in single-serving containers. We will then announce that leftovers are packaged and each member may take ONE container, until they have all been claimed.

Also, we have had an issue with participants going into the kitchen and helping themselves to supplies. Many of the supplies, such as sacks and containers, are Everfull's (the company that supplies our daily lunches). They are not our supplies to use for dinners so please see staff if you're needing something from the kitchen so we can ensure OUR supplies are being used only.

Staff enjoys sitting in the big event room with you all during events, but unfortunately it has been proven that we need to stay near the buffet table/kitchen to monitor the area and assist people when needed. We appreciate your understanding and we hope this new system will help be fair to all participants that join our dinners.



# FAVORITE HOMEMADE APPETIZER CONTEST

*Bring Your Fav To The Table!*

**THURSDAY, JULY 31ST | 2:30 PM**

PLEASE PROVIDE ENOUGH FOR 25 PEOPLE TO TASTE. SIGN UP IN ADVANCE FOR TASTING AND/OR PROVIDING FOOD. PARTICIPANT WITH THE MOST VOTES WILL WIN A FREE TICKET TO AUGUST DINNER!

ENJOY THE RECIPE FROM THE JUNE HOMEMADE SALAD COMPETITION. FIRST PLACE WINNER WAS KLYDA FALL WITH HER GRAPE SALAD!

## INGREDIENTS:

2 LBS. GREEN & 2 LBS. RED SEEDLESS GRAPES  
8 OZ. SOUR CREAM  
8 OZ. CREAM CHEESE (SOFTENED)  
½ C. SUGAR  
1 TSP. VANILLA EXTRACT

1. WASH & STEM GRAPES-- SET ASIDE
2. MIX REMAINING INGREDIENTS TOGETHER
3. STIR GRAPES INTO MIXTURE

## TOPPING INGREDIENTS:

1 C. BROWN SUGAR, PACKED  
1 C. CRUSHED PECANS

COMINE TOGETHER. PUT ⅓ OF GRAPE MIXTURE INTO LARGE BOWL AND SPRINKLE WITH ⅓ OF TOPPING MIXTURE. ADD ANOTHER ⅓ OF GRAPE MIXTURE, SPRINKLE WITH BROWN SUGAR MIXTURE. ADD REST OF GRAPES AND SPRINKLE REMAINING MIXTURE OVER TOP TO COMPLETELY COVER. CHILL SEVERAL HOURS OR OVERNIGHT.

# APPETIZER CONTEST





# BACK TO SCHOOL BINGO WITH GRANDKIDS!

THURSDAY, JULY 17<sup>TH</sup> | 1:00PM

BRING YOUR GRANDKIDS FOR SOME SUMMER BREAK  
FUN WITH THEIR GRANDPARENT(S)!  
PLEASE SIGN UP ANY GRANDKIDS (WITH AGE) TO  
HELP US BUY APPROPRIATE PRIZES.

SNACKS WILL BE PROVIDED!

HELP US "STUFF THE BUS" FOR USD 261  
STUDENTS IN NEED

BRING ANY (2) ITEMS LISTED BELOW IN PLACE OF YOUR \$2.00  
BINGO FEE

SPIRAL NOTEBOOKS

PENS

CRAYONS & MARKERS

BINDERS

REUSEABLE WATER BOTTLES

DRY ERASE MARKERS

CLOROX WIPES (ONLY NEED ONE IN PLACE OF BINGO FEE)



# Haysville Senior Center— July 2025 Activities

MON	TUE	WED	THUR	FRI	SAT
	1 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 1:00pm- Mexican Train 3:00pm- Tie Dye Craft	2 1:00pm- \$2 Regular Bingo 3:00pm- Line Dancing	3 10:15am- STEPS 11:00am- Cards	4 Senior Center & Haysville Hustle Closed  No Meals Served	5
7 10:00am- Chair Yoga 1:00pm- Dominoes 2:00pm- Writing Craft	8 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 1:00pm- Mexican Train	9 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	10 10:15am- STEPS 11:00am- Cards 1:00pm- \$2 Bunco 2:00pm- Alzheimer's Support Group	11 10:30am- Drumming 12:30pm- Right Left Center Game  4:00pm- Deadline To Sign Up For Monthly Dinner	12 10:00am- Bee Paint Party 12:30pm- Bee Paint Party
14 10:00am- Chair Yoga 1:00pm- Dominoes 2:00pm- Wine Glass Decorating With Comfort Keepers	15 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 1:00pm- Mexican Train	16 1:00pm- Fearless & Female Self Defense Class 3:00pm- Line Dancing	17 10:15am- STEPS 11:00am- Cards 1:00pm- School Supply Bingo (Grandkids Welcome)	18 12:30pm- Right Left Center Game 6:00pm- \$10 Luau Dinner	19
21 10:00am- Chair Yoga 1:00pm- Dominoes	22 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 12:00pm- Hustle Lunch Outing 1:00pm- Mexican Train	23 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo	24 10:15am- STEPS 11:00am- Cards 1:00pm- \$2 Bunco 4:00pm- Floral Bag Painting Class	25 10:30am- Drumming 12:30pm- Right Left Center Game	26
28 10:00am- Chair Yoga (Balance Class) 1:00pm- Dominoes	29 10:00am- Blood Pressure Checks 10:15am- STEPS 11:00am- Cards 1:00pm- Mexican Train 1:00pm- Healing Solutions Physical Therapy Session	30 3:00pm- Line Dancing	31 10:15am- STEPS 11:00am- Cards 12:30pm- Crafting Club 1:00pm- Bucket Ball with Bre 2:30pm- Appetizer Contest		



July 2025

Everfull MEALS ON WHEELS/FRIENDSHIP MEALS 22- SERVING DAYS - 1 HOLIDAY

Mon	Tue	Wed	Thu	Fri
<b>Birthday Celebration</b> <b>July 17th</b>	1 South Haven Hashbrown Egg Bake 6 oz Green Beans 4 oz Pears 4 oz Biscuit	2 Cowboy Beans 8 oz Harvest Beets 4 oz Mandarin Oranges 4 oz Corn Bread/Muffin	3 Salisbury Steak 4 oz Mashed Potato w/Gravy 4 oz Carrots 4 oz Peaches 4 oz	4 <b>Independence Day</b>
7 Pulled Pork Sandwich 3 oz/ Bun Garden Salad 4 oz Baked Beans 4 oz Applesauce 4 oz	8 Chicken Fried Steak 4 oz Mashed Potatoes 4 oz Creamy Gravy 2 oz Carrots 4 oz Banana	9 Fish Filet 4 oz Brown Rice 4 oz Green Beans 4 oz Apricot 4 oz	10 BBQ Beef w/Homemade Sauce 3 oz Baked Sweet Potatoes and Apples 4 oz Fresh Orange	11 Egg Salad 4 oz/Bun/Bread Potato Chips 1 oz Bag Peas 4 oz Peaches 4 oz
14 Taco Burger 3 oz w/setup & Bun Refried Beans 4 oz Peach Crisp 4 oz	15 Chicken & Pasta Salad 8 oz 3 Bean Salad 4 oz Salad Crackers 2 Packs Pears 4 oz	16 Swedish Steak 4 oz Rice 4 oz Chilled Tomatoes 4 oz Applesauce 4 oz	17 Baked Chicken Mashed Potatoes 4 oz Creamed Gravy Carrots 4 oz Mixed Fruit 4 oz Carrot Cake	18 Open Faced Pork w/Cream Gravy 1 Biscuit 4 oz Mixed Vegetables 4 oz Ambrosia Fruit Salad 4 oz
21 Chicken Chef Salad 8 oz Salad Crackers 2 packs Pears 4 oz	22 Cheeseburger Casserole 8 oz Creamed Peas 4 oz Banana 4 oz	23 Tuna Salad Sandwich 3 oz/ Bun Macaroni Salad 4 oz Carrots 4 oz Peaches 4 oz	24 Madison Pizza Roasted Zucchini 4 oz Pineapple 4 oz	25 Oven Fried Fish 4 oz w/ Tartar Sauce Coleslaw 4 oz Orange Cornbread/Muffin
28 Sysco Little Smokies w/ BBQ Sauce 3 oz Mac n Cheese 4 oz Broccoli 4 oz Watermelon Wheat Roll	29 Tuna Pasta Salad 6 oz Cottage Cheese Salad 4 oz Applesauce 4 oz Pickled Beets 4 oz Crackers	30 Ham & Broccoli Casserole 8 oz w/Biscuit Corn 4 oz Peaches 4 oz	31 Cranberry Meatballs 4 oz Potatoes 4 oz Mixed Veggies 4 oz Cantaloupe	<b>Milk and grape juice is only available to congregate participants. Powdered milk is available for home delivery upon request.</b>



# Bee Painting

Saturday, July 12th

First Class: 10:00 a.m.

Second Class: 12:30 p.m.

Limited To 40 Participants Per Class

\$10.00 Per Person

All Supplies Included

Guest Welcome With Current Member  
Painting Instructed By "Paintings By Anne"



Corrected Date!

## BURLAP BAG PAINTING

Thursday, July 24th | 4:00pm

\$15.00 (COVERS \$10 INSTRUCTOR FEE & \$5 BAG)  
PER PERSON. MEMBERS ONLY DUE TO LIMITED  
SUPPLIES. AT SIGN UP, PLEASE LET US KNOW IF  
YOU WANT TO MAKE THE INITIAL BAG (WHAT  
LETTER) OR SOLID FLORAL.

INSTRUCTION PROVIDED BY  
PAINTINGS WITH ANNE







# *Wine Glass Decorating*

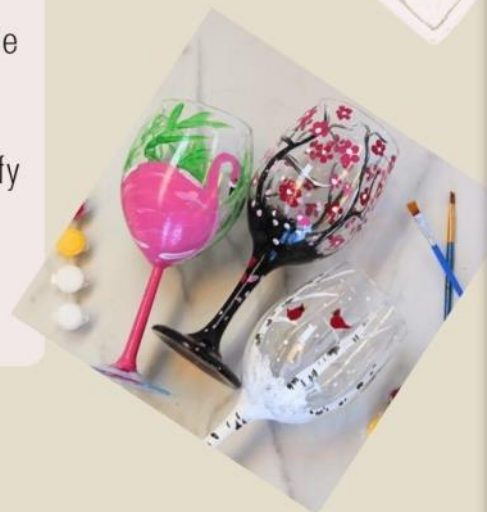
**Sponsored by Addie Calvert- Comfort Keepers**

Monday, July 14<sup>th</sup> | 2:00pm

Free For Members- 15 Spots Available

Due To Limited Spots, We  
Will Call You The Morning Of To Verify  
That You'll Be Attending.

Sign Up By July 11th.



## **HAYSVILLE HUSTLE LUNCH OUTING**

at

*The Cornerstone  
of Clearwater*

followed by visit to

**MYERS MUSHROOMS**

for educational tour of their facility & products

**Tuesday, July 22nd**

Leave SC at 12:00 p.m.

Leave Restaurant To Head To Myers at 1:45 p.m.

\$1.00 to ride the Hustle. Please let us know if you  
plan to meet there.





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# WOMENS SELF DEFENSE

WED. JULY 16<sup>TH</sup> @ 1:00PM

Come join Cindy Coughenour, founder of Fearless & Female, for this high energy, hands-on, information packed personal safety & self defense program. Cindy teaches women how to recognize and avoid dangerous situations in their daily lives.

**Free For Current Members**  
**Sign Up Required**

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# WATER BUCKET BALL



**With Bre @ Inspired Advisors**

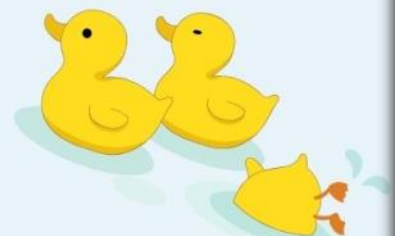
Thursday, July 31st

1:00 p.m.

Senior Center Patio

Cool Down With Popsicles Afterwards

Sign Up By Wednesday, July 30th







**HEALING**  
*Is Our Specialty*



**HEALING SOLUTIONS**  
PHYSICAL THERAPY

## PHYSICAL THERAPY PROGRAM

We are thrilled to welcome back Julie and Ashley with Healing Solutions Physical Therapy as they provide this three session program to our members. Free for current members. Sign up required- to help us know how many supplies to provide.

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**Tuesday, July 29th- 1:00- 2:00 p.m.**

● **Seated Strength – Power in the Chair**

Feel stronger, more stable, and energized with this full-body seated workout. We'll use resistance bands and a ball to wake up your muscles, improve control, and leave you feeling empowered—all without standing.

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**Tuesday, Aug. 26th- 1:00- 2:00 p.m.**

● **Summer Sit & Tone**

Beat the heat and stay active! This session blends gentle seated movement with strength-building exercises using bands. It's a great way to stay cool, stay social, and stay strong.

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**Tuesday, Sept. 30th- 1:00- 2:00 p.m.**

● **Fall Reset – Back in Motion**

Start the season off right with a refreshing seated workout to boost your posture, flexibility, and strength. Using the ball and band, this session focuses on feeling good and moving better going into fall.





## Senior Center Hours Of Operation

Monday-Friday  
8:00 a.m.—5:00 p.m.

## Haysville Hustle Hours Of Operation

Monday-Friday  
8:00 a.m.—4:30 p.m.

## Annual Senior Center Membership

\$5.00/Year | 55+  
Renewal Due  
Each January

# SNOWCONE SOCIAL

July 30th | 1:00 p.m.

**FREE FOR MEMBERS**

**SIGN UP BY JULY 28TH**



## Center Reminders

- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been purchased. After a deadline has passed, you may give your ticket to another member.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Monthly Dinner: Typically held on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m. Due to limited seating space, members are only allowed to bring (1) guest each.
- We offer two different Bingo games:
  - Regular \$2.00 Bingo
  - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions.
- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is **REQUIRED** for all events!
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$50.00 fee. Please see staff with any questions or for availability.