



HAYSVILLE SENIOR CENTER

LIVE YOUR LIFE & FORGET YOUR AGE

Cancellations This Month:

Monday, August 3rd & 31st- No Chair Yoga

Wednesday, August 19th- No Line Dancing (Commodities)

Friday, August 28th- No Drumming (Dinner Day)

We will have commodities on Wednesday, August 19th.

Friendly reminder: All proxy forms must be turned in prior to this day to authorize someone to pick up your commodities for you. We highly encourage participants to not sit in their vehicle all day for this distribution due to the August heat. If everyone arrives closer to the 1:00pm distribution time, this helps everyone!

We had a fantastic turn out for the Homestead Assistant Living informational meeting in July. Beginning in October, Carrie with Homestead will be hosting different events to be able give us progress updates on the facility completion. We look forward to this addition to our wonderful community!



AUGUST 2026

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[WWW.HAYSVILLEKS.GOV/
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LIKE US ON FACEBOOK!
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GREAT THINGS ARE HAPPENING IN HAYSVILLE!

TAI CHI WEDNESDAYS

Wichita State University- Lifelong Learning Class

Tai Chi for Balance, Mobility & Calming

Wednesdays- September 9th-November 11th
9:00am-10:00am

Their In Person Class Is Full, So We Will Livestream From The Senior Center!

Designed especially for adults who want to move with greater ease, confidence and calm, this 10-week beginner-friendly class introduces simple Tai Chi movements that support balance, coordination, posture, flexibility and overall mobility.

Often called "meditation in motion", Tai Chi combines slow, intentional movement with breath and focus to create a practice that is both calming and energizing. Participants will learn gentle, flow movements that are low-impact, accessible and easy to follow. No prior experience is required. Classes are performed standing with shoes on, and all movements can be modified to meet individual comfort levels and abilities. Whether your goal is to improve stability, reduce stiffness, support joint health, increase body awareness, or simply enjoy a peaceful movement practice, this class offers a welcoming environment to help you succeed.

Instructor: David Larsen, Tai Chi Instructor

FREE PROGRAM. WSU REGISTRATION REQUIRED.

Program Applications Available At Senior Center

Register By August 24th. We Need 10 Registered Participants For Us To
Provide The Livestream Viewing Here





BACK TO SCHOOL SNOWCONES

**FREE FOR MEMBERS
AND THEIR GUESTS**

CELEBRATE BACK TO SCHOOL SEASON WITH
YOUR GRANDKIDS & GREATS!



**FRIDAY, AUGUST 7TH
1:00 P.M.**

**SIGN UP MAXIMUM OF 3
GUEST BY AUGUST 6TH**

MEATLOAF DINNER!

CATERED BY: SPEARS
FRIDAY, AUGUST 28TH | 6:00 P.M.

\$13.00 PER PERSON

SIGN UPS BEGIN: AUGUST 3RD
DEADLINE: AUGUST 21ST AT 4:00 P.M. OR PRIOR IF
TICKETS SELL OUT

ENJOY MEATLOAF, MASHED POTATOES & GRAVY, GREEN
BEANS, CORN, GLAZED CARROTS, SALAD, BREAD &
DESSERT

THIS WILL BE OUR LAST
SMALLER DINNER OF THE YEAR
BEFORE WE HEAD INTO PARTY
SEASON!

SEPTEMBER 18TH: 70'S
OCTOBER 16TH: HALLOWEEN
NOVEMBER 20TH: THANKSGIVING
DECEMBER 18TH: CHRISTMAS



MOBILE MARKET AUGUST DELIVERY

Thursday, August 27th

12:30- 1:15 pm

All Forms Of Payments Accepted
Including Farmers Market Cards!



Interchangeable Seasonal Home Sign

Friday, September 11th- 1:00 p.m.

Sign up beginning Aug. 1st

Join us in painting your own customized "Home" Seasonal Sign.
Members Only. \$10/Per Person- Due at sign up.

Signs have been purchased in advance when on sale,
so limited spots available. First come, first served.



Haysville Senior Center– August 2026 Activities

MON	TUE	WED	THUR	FRI	SAT
3 Chair Yoga Cancelled 1:00pm- Dominoes 2:00pm- The Golden Pens	4 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	5 1:00pm- School Supply Bingo 3:00pm- Line Dancing	6 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Afternoon Gametime	7 10:00am- DrumFIT 12:30pm- Right Left Center Game 1:00pm- Back To School Snowcones with Grandkids	8
10 10:00am- Chair Yoga 1:00pm- Dominoes	11 10:00am- Senior Fitness 10:45am- Hustle Outing To Lunch & Exploration Place 11:00am- Cards 1:00pm- Mexican Train	12 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	13 10:00am- Senior Fitness 11:00am- Cards 1:00pm- \$3 Bunco 2:00pm- Alzheimer's Support Group	14 10:00am- DrumFIT 12:30pm- Right Left Center Game	15
17 10:00am- Chair Yoga 1:00pm- Dominoes	18 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	19 1:00pm- Commodities Game Room Closed Line Dancing Cancelled	20 10:00am- Senior Fitness 11:00am- Cards 1:00pm- \$3 Regular Bingo	21 10:00am- DrumFIT 12:30pm- Right Left Center Game 4:00pm- Deadline To Sign Up For Monthly Dinner	22
24 10:00am- Chair Yoga 1:00pm- Dominoes	25 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	26 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	27 10:00am- Senior Fitness 11:00am- Cards 1:00pm- \$3 Bunco 12:30pm- Crafting Club 12:30pm- Mobile Market	28 12:30pm- Right Left Center Game 6:00pm- \$13 Meatloaf Dinner DrumFit Cancelled	29
31 Chair Yoga Cancelled 1:00pm- Dominoes					

Central Plains AAA

August 2026



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	
Lemon Pepper Chicken Dirty Brown Rice Green Beans *Wheat Bread Fresh Fruit Milk Margarine	*Spaghetti Torte Herbed Green Peas Parslied Carrots *Multigrain Bread Strawberry Craisins Milk Margarine	*Meatballs w/Rosemary Sauce Garlic Whipped Potatoes Broccoli *Wheat Bread *Cinnamon Sugar Cookie Milk Margarine	*Creamy Paprika Chicken *Macaroni & Cheese Northern Beans Brussels Sprouts *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	*Tuna Salad Lettuce & Tomato Dill Potato Salad *Wheat Bread (2) Mixed Fruit Milk Mustard
10	11	12	13	
*Vegetable Lasagna Cauliflower Broccoli *Wheat Bread *Carnival Cookie Milk Margarine	*Salisbury Beef w/ Mushroom Gravy Oven Roasted Potatoes Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine	<u>Special Birthday Meal</u> *Oven Fried Chicken Whipped Potatoes w/Gravy Green Peas w/Onions *Dinner Roll Sherbet Milk Margarine	*Sloppy Joe Baked Beans Cabbage *Whole Grain Hamburger Bun Fresh Fruit Chocolate Milk	Cheese Omelet Hashbrowns Hot Spiced Apples *Multigrain Bread Lemon Gelatin Milk Margarine
17	18	19	20	
*Teriyaki Turkey Meatballs Brown Rice Chinese Cabbage *Multigrain Bread Raisins Milk Margarine	*Italian Shells and Cheese Green Peas Parslied Carrots *Texas Bread Fresh Fruit Milk Margarine	*Hamburger Patty w/ Balsamic Brown Sugar Sauce Mixed Vegetables *Wheat Bread *Fudge Cream Cookie Milk Margarine	*Pineapple Chicken Northern Beans Green Beans *Cornbread Muffin Fresh Fruit Chocolate Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce/Tomato/Onion Three Bean Salad *Multigrain Bread (2) Rosy Applesauce Milk
24	25	26	27	
Cheese Enchiladas w/ Chili Sauce Spanish Rice Glazed Carrots Fresh Fruit Milk	*Turkey Bolognese Broccoli Whole Kernel Corn *Multigrain Bread *Nutty Buddy Milk Margarine	*Swiss Steak Delmonico Potatoes Herbed Green Beans *Multigrain Bread *Graham Crackers Milk Margarine	Chicken Marsala *Penne Noodles Garden Vegetables *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	Hamburger Patty Lettuce/Tomato/Onion Baked Beans *Whole Grain Hamburger Bun Hot Pineapple Tidbits Milk Mustard Ketchup
31				
*Potato Crushed Pollock Whipped Sweet Potatoes Green Beans *Multigrain Bread *Rice Krispy Treat Milk Margarine		Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.		 Nourishment through compassionate care

School Supply BINGO

Wednesday, August 5th Bingo- 1:00pm

Help us donate to Haysville's STUFF THE BUS school supply drive. All supplies are given free to families in the Haysville School District. In place of our normal \$3.00 fee, for this bingo we ask you to bring (2) of the items below.

Spiral Notebooks

Pens

Crayola Crayons & Markers

Binders

Reuseable Water Bottles

Black Dry Erase Markers

Clorox Wipes (Only Need One In Place Of Bingo Fee)





Join Us



Afternoon Game Time

AUGUST 6TH
1:00 - 3:30 PM

Join us for a afternoon full of fun,
laughter, and friendly competition!

Due to staff schedules
outside of work hours,
we can't currently do
evening game nights.
We apologize!

Pick from our games or
bring one from home!



**BRING A
SNACK
TO
SHARE**



FINDING TITANIC

THE SECRET MISSION

TUESDAY, AUGUST 11TH

LEAVE SENIOR CENTER: 10:45AM PROMPTLY
ENJOY LUNCH AT EL MEXICO ON SENECA STREET
AT 11:00AM

LEAVE AFTER EATING TO GO TO EXPLORATION PLACE
WE WILL HEAD BACK TO THE SENIOR CENTER AROUND 3:30

PRICING:

\$1.00 TO RIDE HUSTLE

\$14.00 EXPLORATION PLACE FEE

(FREE ENTRY FOR EXPL. PLACE MEMBERS)

PLEASE LET STAFF KNOW IF YOU PLAN TO MEET THERE

FINDING TITANIC

THE SECRET MISSION



OKLAHOMA CITY

Day Trip

\$60.00 PER PERSON

CURRENT MEMBERS ONLY

(THIS PRICE DOES NOT INCLUDE DRIVER TIP- OPTIONAL)

Leave Senior Center at 7:30 a.m. Promptly. Please Arrive By 7:10 a.m.

*Arrive to National Cowboy Museum
(\$20/Person Senior Admission)*

Approx. 2 Hours

Lunch At Toby Keith's Grill

Approx. 2 Hours

*Arrive to Museum of Osteology
(\$13/Person Senior Admission)*

Approx. 1.5 Hours

Dinner at Smokey's Pokey in Stillwater

Approx. 2 Hours

Return To Senior Center Around 9:00 p.m.

Join us for our next day trip utilizing a Village Tour 56 passenger bus. This vehicle has a lift available to assist with getting onto the bus if necessary. There is plenty of space underneath the bus for light-weight folding mobility devices. All passengers will be required to complete a passenger transport liability waiver at time of sign up. We will also request a current phone number and emergency contact for each passenger.

August- Announce Trip

September- Sign Ups Available! Thursday, September 3rd from 8:30am-9:30am. No other sign ups during this hour. Any remaining seats may be booked anytime.

Trip- Saturday, October 10th

Day Trip Cancellation Policy

Reservations canceled more than two (2) weeks prior to the scheduled trip will receive a full refund.

Reservations canceled less than two (2) weeks before the trip will only be refunded if the vacant spot can be filled by another participant.

To ensure timely departures, we will not contact individuals on the waitlist to fill spots resulting from morning of cancellations or no-shows. Therefore, no refunds will be issued for same-day cancellations or no-shows.



Senior Center Hours Of Operation

Monday-Friday
8:00 a.m.—5:00 p.m.

Haysville Hustle Hours Of Operation

Monday-Friday
8:00 a.m.—4:30 p.m.

Annual Senior Center Membership

\$5.00/Year | 55+
Renewal Due
Each January

Center Reminders

- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is **REQUIRED** for all events!
- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been ordered and purchased. After a deadline has passed, you may give your ticket to another member if you wish.
- Sign ups will be accepted for all programs (fee or free) at the 1st of each month. If the 1st falls on a weekend or holiday, sign ups will be accepted the following business day.
- Day Trip Cancellation Policy- Reservations canceled more than two (2) weeks prior to the scheduled trip will receive a full refund. Reservations canceled less than two (2) weeks before the trip will only be refunded if the vacant spot can be filled by another participant. To ensure timely departures, we will not contact individuals on the waitlist to fill spots resulting from morning of cancellations or no-shows. Therefore, no refunds will be issued for same-day cancellations or no-shows.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Monthly Dinner: Typically held on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m. Due to limited seating space, members are only allowed to bring (1) guest each.
- We offer two different Bingo games:
 - Regular \$3.00 Bingo
 - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- The Game Room is open at all times during business hours.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions or concerns.
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$75.00 fee. Please see staff with any questions or for availability.
- The Haysville Hustle is public transportation that is operated through the Haysville Senior Center. This service is available to all ages. Please see staff with any questions or to register for ride.