



Central Plains AAA

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
*Chicken Taco Meat Shredded Cheese Lettuce & Tomato Mixed Beans *Flour Tortilla Hot Cinnamon Applesauce Milk Taco Sauce	Turkey & White Beans Broccoli Sliced Carrots *Texas Bread *Fig Bar Milk Margarine	*Swiss Steak Brown Rice Green Beans *Multigrain Bread Fresh Fruit Milk Margarine	Cheese Omelet Hashbrowns Stewed Tomatoes *Biscuit Lemon Gelatin Chocolate Milk Margarine	*Spaghetti Torte Tossed Salad Herbed Green Peas *Texas Bread Peach Compote Milk Margarine Ranch Dressing
9	10	11	12	13
Western Baked Beef Whipped Potatoes *Creamed Peas *Wheat Bread *Nutty Buddy Bar Milk Margarine	*Breaded Chicken Piccata Brown Rice Mixed Vegetables *Texas Bread Fresh Fruit Milk Margarine	<i>Closed for Holiday</i>	*Lemon Pepper Pollock Northern Beans *Parmesan Tomatoes *Dinner Roll *Oreo Cookies Chocolate Milk Margarine	Italian Chicken Chili Peas and Carrots Broccoli *Texas Bread Fresh Fruit Milk Margarine
16	17	18	19	20
*Shepherd's Pie Diced Beets Lemon Zest Broccoli *Multigrain Bread Fresh Fruit Milk	*Salisbury Beef Mushroom Gravy Oven Roasted Potatoes Sliced Carrots *Wheat Bread *Chocolate Pie Parfait Milk Margarine	<u>Special Birthday Meal</u> *Oven Fried Chicken Whipped Potatoes w/Gravy Green Peas w/Onions *Dinner Roll Ice Cream Milk Margarine	Honey Mustard Chicken Whipped Sweet Potatoes Green Beans *Wheat Bread Fresh Fruit Chocolate Milk Margarine	Beef Chili w/Beans Country Vegetables Rosemary Carrots *Cornbread Muffin Rosy Applesauce Milk Margarine
23	24	25	26	27
*Vegetable Lasagna Parslied Carrots Broccoli *Multigrain Bread *Oatmeal Cookie Milk Margarine	*Chicken & Dumplings Green Beans Cauliflower *Wheat Bread Fresh Banana Milk Margarine	~ Thanksgiving Meal ~ Turkey Breast w/Gravy *Cornbread Dressing Glazed Carrots *Wheat Roll *Pumpkin Cake Milk Margarine	<i>Closed for Holiday</i>	<i>Closed for Holiday</i>
30				
*Lemon Caper Chicken Mashed Red Potatoes Green Peas w/Onions *Multigrain Bread Fresh Fruit Milk Margarine		Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. *Contains Wheat / Gluten		 Nourishment through compassionate care.