

Aug 2025

Everfull MEALS ON WHEEL/FRIENDSHIP MEALS 21 - SERVING DAYS - 0 HOLIDAY

Mon	Tue	Wed	Thu	Fri
Birthday Celebration Aug 21st				
Milk and grape juice 8oz. Are available for congregate meals. Powdered milk is Available for home delivered meals upon request.				
4 Easy Beef Stroganoff 8 oz Green Beans 4 oz Apricot 4 oz	5 Oven Baked Chicken Creamed Peas 4 oz Pineapple 4 oz Sliced Wheat Bread	6 Cheeseburger 3 oz/Bun Lettuce, Tomato, Onion, Pickles Potato Wedges 4 oz Carrots 4 oz Pears 4 oz	7 Tuna Salad Sandwich 4 oz Macaroni Salad 4 oz Carrots 4 oz Easy Fruit Cobbler 4 oz Wheat Bun/Slice Bread	1 Chicken Rice Casserole 8 oz Spinach 4 oz Applesauce 4 oz
11 Salmon Patties 4 oz Cauliflower W/ Cheese 4 oz Cole Slaw 4 oz Pineapple 4 oz Wheat Roll	12 Chicken Salad Sandwich 4 oz Potato Wedges 4 oz Green Beans 4 oz Pears 4 oz Wheat Bun/Sliced Bread	13 Ham & Broccoli Casserole 8 oz w/ Biscuit Carrots 4 oz Peaches 4 oz	14 Sloppy Joes 4 oz/Bun Potato Salad 4 oz Peas 4 oz Mixed Fruit 4 oz	15 Pork Cutlet w/Mushroom Onion Sauce 3 oz Brown Rice 4 oz Green Beans 4 oz Banana
18 Sysco Little Smokies w/ BBQ sauce 3 oz Baked Beans 4 oz Macaroni salad 4 oz Peaches 4 oz	19 Chicken Fajita Salad 4 oz 8 oz Lettuce 2 oz Meat Refried Beans 4 oz Corn 4 oz Sliced Apples 4 oz Corn Chips Salsa	20 Cranberry Meatballs 4 oz Mashed Potatoes 4 oz Mushroom Gravy Corn 4 oz Pears 4 oz	21 Beef cutlet w/Spanish Sauce 3 oz Mexican Rice 4 oz Stewed Tomatoes 4 oz Mixed Fruit 4 oz Chocolate Cake w/Frosting	22 Ham & Cheese Sub Sandwich 4 oz w/Wheat Bread & Set up Potato Chips Pickled Beets 4 oz Ambrosia Fruit Salad 4 oz
25 Spaghetti w/Meat Sauce 8 oz Garden Salad 8 oz Orange Garlic Bread	26 Winfield's Breakfast Casserole 6 oz Broccoli, Cauliflower, Raisin Salad 4 oz Banana in Orange Juice 4 oz	27 Swiss Steak 3 oz in Tomato Sauce 2 oz Mashed Potatoes 4 oz Mixed Vegetables 4 oz Mixed Fruit 4 oz	28 Fish Filets 4 oz w/ Tartar Sauce Coleslaw 4 oz Apricot 4 oz Cornbread Muffin	29 Hamburger and Sausage Gravy 6 oz Corn 4 oz Spiced Apples 4 oz Dropped Biscuits