



HAYSVILLE SENIOR CENTER

LIVE YOUR LIFE & FORGET YOUR AGE

The Haysville Senior Center & Haysville Hustle
will be closed on the below dates.

No meals will be served.

Tuesday, November 11th - Veteran's Day

Thursday, November 27th - Thanksgiving Holiday

Friday, November 28th - Thanksgiving Holiday

> No Chair Yoga on Monday, November 3rd.

> No Line Dancing on Wednesday, November 26th.

Enhanced Fitness

As most of you know by this point, CPAAA Enhanced Fitness instructor Joe Samaniego welcomed their first child. Joe is currently enjoying his 8-week leave to be with his new family member. We do not currently have a set date for him to return to finish the remainder of this session. This should be sometime around the end of November/beginning of December. In case this class resumes prior to the December newsletter, please stop by to see staff to be put on a call list to receive this notification. We look forward for Joe's return!

Drumming Update

Due to class participation steadily declining, we are going to stop the current drumming classes. Join us on November 7th at 10:30am as we partake in a trial of DrumFIT to see if members enjoy it. This program has a monthly fee, so if we don't have at least 10 members that want to continue with this program, then Kristen and Eula will explore other exercise programs that we will begin in January. If we DO have enough interest for DrumFIT, we will begin this program in January!

NOVEMBER 2025

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VISIT OUR WEBSITE AT:
WWW.HAYSVILLEKS.GOV/
SENIOR-CENTER

LIKE US ON FACEBOOK!
WWW.FACEBOOK.COM/
HAYSVILLESENIORCENTER

GREAT THINGS ARE HAPPENING IN HAYSVILLE!

REGULAR BINGO UPDATE

As most of our regular bingo players know, staff primarily gets most of our prizes at Dollar Tree due to this being the most affordable place to get a large amount of items. If you have been in Dollar Tree recently, you'll see that they have increased from \$1.25/item to \$1.50-\$7.00 per item. This has significantly increased our expense. We have never increased the fee for regular bingo, but in September it was discussed to either increase the fee or limit the overall amount of games/winners at each event. It was voted to increase the fee. The cost to play 4 cards at Bingo will now be \$3.00. We appreciate your understanding.



IT'S SHOPPING TIME!

HUSTLE OUTING TO
CHRISTOPHER & BANKS & THE EASY EGG

FRIDAY, NOVEMBER 21ST
LEAVE THE SENIOR CENTER
AT 8:30 A.M.

WE WILL THEN LEAVE C&B
AT 10:00AM AND HEAD TO
THE EASY EGG FOR A
YUMMY BREAKFAST/LUNCH



SIGN UP BY TUESDAY,
NOVEMBER 18TH.
HURRY, BUS MAY FILL UP
SOONER!
\$1.00 TO RIDE HUSTLE.

C&B STAFF HAS GRACIOUSLY INVITED US OUT AGAIN TO ENJOY A PRIVATE SHOPPING EXPERIENCE BEFORE THEIR STORE OPENS. THEY WILL HAVE A LIGHT BREAKFAST AND REFRESHMENTS TO ENJOY WHILE SHOPPING.

THEIR NEW CHRISTMAS COLLECTION WILL BE RELEASED RIGHT BEFORE THIS DATE!



Sound On
Audiology



HEARING LOSS & BALANCE PRESENTATION

Please Help Us
Welcome Dr. Casey
Combs, owner of the
newly opened Sound
On Audiology Clinic in
Derby.

November
18th
2:00 p.m.

Please Sign Up By
November 16th

Walk With Ease Program

Provided by Sedgwick County Ext. Office

It is an Arthritis Foundation class that has been written for people with arthritis but can be a practical resource for anyone. The class main objectives are:

- To promote education about successful physical activity for people with arthritis
- To promote education about arthritis self-management and walking safely and comfortably
- To encourage participants to continue their walking program and explore other exercise and self-management programs that deliver proven benefits for people with arthritis

Each participant will receive a book that is an excellent resource. At each class there is discussion, small lessons, stretching and walking at each class. Classes last no longer than 1 hour. There is no charge for current Haysville Senior Center members.

- 6-Week Program
- Meets 3 Times Per Week- Mondays, Tuesdays & Thursdays For A Total Of 18 Sessions

START DATE CHANGE!!!!

- Begins October 27th and Ends December 9th
- 2:30pm-3:30pm



K-STATE
Research and Extension





Thanksgiving Celebration

Dinner Catered By Cheaper By The Dozen
Turkey, Stuffing, Mashed Potatoes, Green Beans,
Roll & Pie!

Friday, November 21st

\$10.00 Per Person- Maximum Two Guest
Doors Open at 5:30 p.m.

Reservations Due By 11/14 at 4:00 p.m.

84 Reservation Maximum-

Sign Up Quickly
To Ensure You Get A Ticket!

Haysville Senior Center– November 2025 Activities

MON	TUE	WED	THUR	FRI	SAT
					1
3 No Yoga Today 1:00pm– Dominoes 2:00pm– Writing Craft 2:30pm– Walk With Ease	4 10:30am– WellREP 11:00am– Cards 1:00pm– Mexican Train 2:30pm– Walk With Ease	5 1:00pm– \$3 Regular Bingo 3:00pm– Line Dancing	6 10:30am– WellREP 11:00am– Cards 2:30pm– Walk With Ease	7 10:30am– DrumFIT Trial 12:30pm– Right Left Center Game	8 10:00am & 12:30pm– Fall Paint Party
10 10:00am– Chair Yoga 1:00pm– Dominoes 2:00pm– Veterans Day Flag Pinning Ceremony 2:30pm– Walk With Ease	11 Senior Center & Haysville Hustle Closed No Meals Served	12 8:30am– Donuts, Coffee & Conversation 1:00pm– \$3 Card Bingo 3:00pm– Line Dancing	13 10:30am– WellREP 11:00am– Cards 1:00pm– \$2 Bunco 2:00pm– Alzheimer’s Support Group 2:30pm– Walk With Ease	14 12:30pm– Right Left Center Game 1:30pm– Crockpot Recipe Contest 6:15pm– Campus High School Play Outing 4:00pm– Deadline To Sign Up For Monthly Dinner	15
17 10:00am– Chair Yoga 1:00pm– Dominoes 2:30pm– Walk With Ease	18 10:30am– WellREP 11:00am– Cards 1:00pm– Mexican Train 2:00pm– Hearing Loss & Balance Presentation 2:30pm– Walk With Ease	19 3:00pm– Line Dancing	20 10:30am– WellREP 11:00am– Cards 12:30pm– Crafting Club 2:00pm– \$3 Regular Bingo 2:30pm– Walk With Ease	21 No Drumming Today 8:30am– Christopher and Banks Shopping & Lunch Outing 12:30pm– Right Left Center Game 6:00pm– \$10 Thanksgiving Celebration	22
24 10:00am– Chair Yoga (Balance Class) 1:00pm– Dominoes 2:30pm– Walk With Ease	25 10:30am– WellREP 11:00am– Cards 1:00pm– Mexican Train 2:30pm– Walk With Ease	26 8:30am– Donuts, Coffee & Conversation 1:00pm– \$3 Card Bingo	27 Senior Center & Haysville Hustle Closed No Meals Served	28 Senior Center & Haysville Hustle Closed No Meals Served	29

Mon	Tue	Wed	Thu	Fri
3 Spaghetti w/ Meat Sauce 8oz Garden Salad 8oz Applesauce 4oz Garlic Breadstick	4 Brunswick Stew 8oz Green Beans 4oz Crackers (2 packs) Banana	5 Southwest Chicken Bake 8oz Stewed Tomatoes 1oz Cottage Cheese 4oz Mandarin Oranges 4oz	6 Choice: Beef Cutlet 4oz or Liver w/ onions 4oz Mashed Potatoes & gravy 4oz Green Beans 4oz Wheat Roll	7 Lemon Baked Fish Filet 4oz Potato Wedges 4oz Carrots 4oz Pears 4oz
10 Beef Soft Taco 3oz w/ corn tortilla Cheese lettuce, tomato 1oz Mexican Rice 4oz Mixed Fruit 4oz	11 ** CLOSED ** 	12 Cheeseburger Soup 8oz Crackers (2 packs) Mashed Potato 4oz Herbed Green Beans 4oz Peaches 4oz	13 Cranberry Meatballs 3oz Baked Potato 4oz Carrots 4oz Banana Wheat Roll & Cake	14 BBQ Pork w/ bun 3oz Peas 4oz Pears 4oz Sweet Muffin Chips
17 Chili 8oz Garden Salad 8oz Peaches 4oz Cinnamon Roll	18 Ham & Cheese Sandwich 3oz Lettuce, Tomato, Onion 1oz Potato Soup 3oz Beets 4oz Orange or Banana	19 Fish Sandwich w/ bun 4oz Everfull Mixed Veggies 4oz Potato Salad 4oz Mixed Fruit 4oz	20 Turkey 3oz / Gravy 2oz Yams 4oz Green Beans 4oz Dressing 4oz Cranberry Sauce 4oz Wheat Roll Pumpkin Square	21 Tater Tot Casserole 5oz Cheese 1oz Stewed Tomatoes 4oz Stewed Apples 4oz
24 Cheeseburger 3oz w/bun Lettuce, Tomato Onion Potato Salad 4oz Baked Beans 4oz Peaches 4oz	25 Ham Chowder Soup 8oz 1/2 Ham/Cheese Sandwich 3oz Mashed Potato 4oz Mixed Fruit 4oz	26 Meatloaf 4oz Carrots 4oz Garlic Mashed Potatoes Blushing Pears 4oz	27 ** CLOSED ** 	28 ** CLOSED ** 
*Milk is available to Congregate participants. *Powdered Milk is available for Home Delivery.				
 Birthday Celebration November 13th				

Fall Painting

Saturday, November 8th

First Class: 10:00 a.m.

Second Class: 12:30 p.m.

Limited To 40 Participants Per Class

\$10.00 Per Person

All Supplies Included

Guest Welcome With Current Member

Painting Instructed By "Paintings By Anne"





Campus High School

Bye Bye Birdie Play

Please Join Us On Friday, November 14th

Play Starts At 7:00 p.m.

**Hustle Will Leave The Senior Center At 6:15pm
Promptly.**

No Charge For Play Or Transport!

**We Are Going To Cheer On Eula's Daughter, Casland,
Who Has A Part In The Play!**



VETERANS DAY FLAG PINNING CEREMONY

MONDAY, NOVEMBER 10TH | 2:00PM

(DAY BEFORE VETERANS DAY AS ALL CITY OFFICES ARE CLOSED ON NOVEMBER 11TH)

David Benavides with Harry Hynes Memorial Hospice will be honouring all veterans who have served for this special flag pinning ceremony at the Haysville Senior Center. Please join us and sign up by Friday, November 7th.

CHRISTMAS BURLAP BAG PAINTING

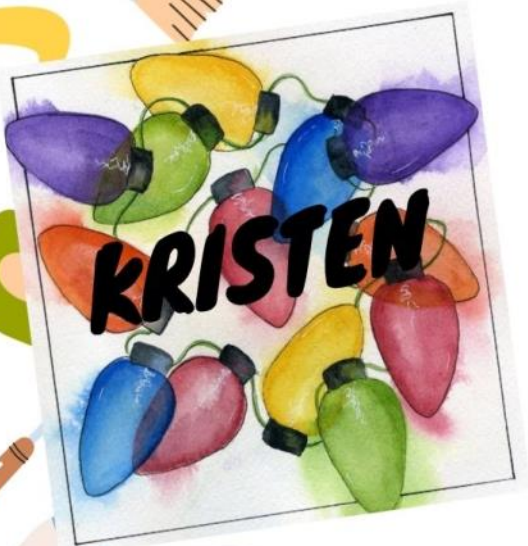
Monday, December 8th | 3:30pm

**\$15.00 (COVERS \$10 INSTRUCTOR FEE & \$5 BAG)
PER PERSON.**

MEMBERS ONLY DUE TO LIMITED SUPPLIES.

INSTRUCTION PROVIDED BY PAINTINGS WITH ANNE

PLEASE SIGN UP BY 12/1/2025





FAVORITE CROCKPOT RECIPE CONTEST

Continuing our monthly tradition, this month's food contest is utilizing crock pots! Make your favorite recipe that will feed around 25 people.

FRIDAY, NOVEMBER 14TH | 1:30 PM

Sign Up To Cook And/Or Taste! Winner Received Free Ticket To Thanksgiving Dinner! (Money Will Be Refunded If You've Already Bought A Ticket!)

Senior Center Hours Of Operation

Monday-Friday
8:00 a.m.—5:00 p.m.

Haysville Hustle Hours Of Operation

Monday-Friday
8:00 a.m.—4:30 p.m.

Annual Senior Center Membership

\$5.00/Year | 55+
Renewal Due
Each January



Congrats,
Rita!

2025

Costume
Winner

Center Reminders

- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been purchased. After a deadline has passed, you may give your ticket to another member.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Monthly Dinner: Typically held on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m. Due to limited seating space, members are only allowed to bring (1) guest each.
- We offer two different Bingo games:
 - Regular \$2.00 Bingo
 - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions.
- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is REQUIRED for all events!
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$50.00 fee. Please see staff with any questions or for availability.