

Central Plains AAA

March 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Meatloaf w/Brown Gravy Garlic Whipped Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine	King Ranch Chicken Pinto Beans Broccoli Saltine Crackers Strawberry Craisins Milk	Beef Shepherd's Pie Brussels Sprouts Parslied Carrots Multigrain Bread Graham Crackers Milk Margarine	Diced BBQ Chicken Roasted Potatoes Green Beans Hamburger Bun Chocolate Chip Cookie Chocolate Milk	Italian Shells and Cheese Tossed Salad California Vegetables Texas Bread Hot Rosy Applesauce Milk Margarine Ranch Salad Dressing
9	10	11	12	13
Turkey Bolognese Broccoli Diced Beets Multigrain Bread Nuttty Buddy Bar Milk Margarine	BBQ Beef Meatballs Baked Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	~Special Birthday Meal~ Oven Fried Chicken Whipped Potatoes w/ Gravy Green Peas with Onions Multigrain Bread Ice Cream Milk Margarine	Salisbury Beef with Gravy Rice Brussels Sprouts Wheat Bread Pineapple Tidbits Chocolate Milk Margarine	Macaroni and Cheese Whole Kernel Corn Italian Vegetables Multigrain Bread Fudge Cream Cookie Milk Margarine
16	17	18	19	20
Chipotle BBQ Breaded Chicken Whipped Potatoes Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine	Beef Chili with Beans Rice Green Beans Saltine Crackers Nuttty Buddy Bar Milk Margarine	Turkey Breast with Gravy Mashed Red Potatoes Catalina Vegetables Multigrain Bread Oatmeal Raisin Cookie Milk Margarine	Hamburger Patty Lettuce/Tomato/Onion Baked Beans Hamburger Bun Hot Cinnamon Applesauce Chocolate Milk Mustard and Ketchup	Fish Sticks Green Peas Brussels Sprouts Dinner Roll Fudge Cream Cookie Milk Margarine Tartar Sauce
23	24	25	26	27
Tomato Swiss Steak Delmonico Potatoes Green Beans Wheat Bread Fresh Fruit Milk Margarine	Breaded Piccata Chicken Parslied Rice Glazed Carrots Multigrain Bread Graham Crackers Milk Margarine	Beef Taco Lettuce/Tomato Mixed Beans Flour Tortilla Peach Berry Crisp Milk Taco Sauce	Italian Chicken Chili Cauliflower Broccoli Wheat Roll Oatmeal Cream Cookie Chocolate Milk Margarine	Breaded Pollock Whipped Potatoes Country Tomatoes Multigrain Bread Fresh Fruit Milk Margarine
30	31			
Creole Steak Northern Beans Catalina Vegetables Wheat Bread Graham Crackers Milk Margarine	Alfredo Turkey Meatballs Herbed Green Peas Whole Kernel Corn Multigrain Bread Fresh Fruit Milk Margarine		Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.	 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>