



# HAYSVILLE SENIOR CENTER

*LIVE YOUR LIFE & FORGET YOUR AGE*

Wow! Haysville, once again you showed up for our 6th Annual Chili Cook Off & Craft Fair! We had a packed house full of chili-loving folks, and the love we felt was incredible.

Here are this year's chili champions:

1st Place – Casland McKinley

2nd Place – Mother/Son Duo – Janet & Daniel

3rd Place – Rachel Janes

A huge thank-you to all our 25+ amazing craft vendors who brought such a fun and varied shopping experience for the community as well as all the chili cook off participants who took their time and expense to provide chili for this event. We also want to extend a special thank-you to Mayor Russ Kessler and the Mayor's Youth Leadership Council for serving chili, running the bake sale and raffle tables, and helping clean up the Senior Center afterward.

We appreciate you all so much!

Finally, thank you to the incredible volunteers who helped make this event shine – including our wonderful members who donated bake sale goodies, Ms. Pat for Friday prep assistance, Ms. Kathy for spending hours labeling and pricing all the bake sale items, and Michael, Donovan, and Casland for setting up and breaking down the event.

See you next year, Haysville!

**APRIL 2026**

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[WWW.HAYSVILLEKS.GOV/  
SENIOR-CENTER](http://WWW.HAYSVILLEKS.GOV/SENIOR-CENTER)

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**GREAT THINGS ARE HAPPENING IN HAYSVILLE!**



# April Dinner

APRIL 17TH - 6:00PM

SALSBURY STEAK  
MEATBALLS, SIDES &  
EASTER DESSERT

\$13.00 Per Person  
Current Members May Bring (1) Guest  
Doors Do Not Open Until 5:30 p.m.

Reservations Required By  
4:00 pm on April 10th



# Woman's Fair Outing!

Get ready to shop 'til you drop at this ultimate shopping extravaganza located at Century II! Explore over 300 exhibitors showcasing fashion, beauty & spa, delicious food & drinks and home decor. The main stage will also have programs going throughout the show that you can sit down and watch.



Friday, April 24<sup>th</sup>  
Leave SC at 1:30 p.m.  
Shop from 2:00 p.m. - 5:00 p.m.  
At 5:00 p.m. the Hustle will  
pick up everyone and head  
to dinner at Cracker Barrel.

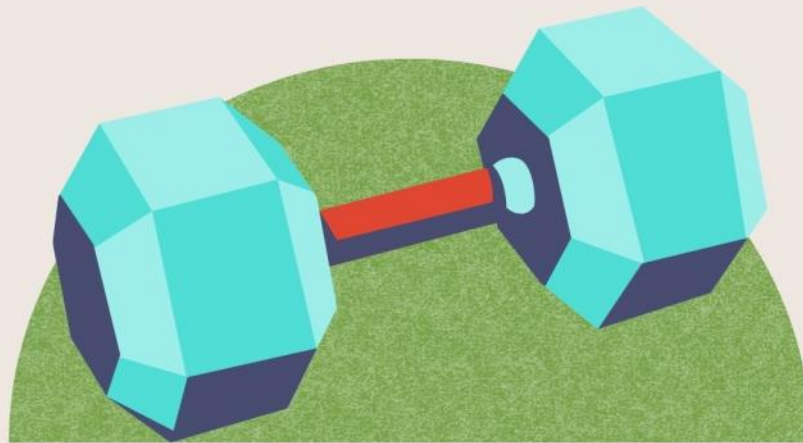
**\$1.00 To Ride The Hustle**  
**\$11.00 Admission Into Event**

Due to previously scheduled rides, the Hustle will have to drop off members then picked them back up- so staff WILL NOT be present during fair but we will be present for dinner!



# NEW EXERCISE PROGRAM

## SENIOR FITNESS



We have been doing STEPS class for years, so we found some great new senior fitness videos that we are going to do on Tuesdays and Thursdays to change things up! These will begin in April!

Each day the videos will have direct focal points  
(Example: Carpal Tunnel, Sciatica, Hip Pain)

**Tuesdays @  
10:00am**

Balance  
Posture  
Stretching  
Cardio  
Strength

**Thursdays @  
10:00am**

Utilize Dumbbells  
Resistance Bands  
Strength  
Flexibility  
Stability



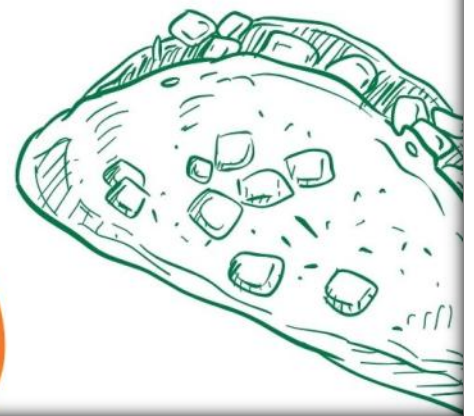
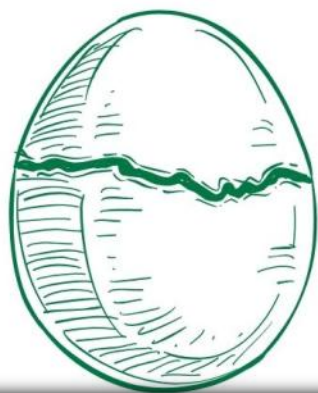
# EGG DISH COMPETITION



Friday, April 10th  
1:00 p.m

**Winner Receives (1) Free Ticket To Easter Dinner!**

**Please Sign Up By 04/09**



# Haysville Senior Center– April 2026 Activities

MON	TUE	WED	THUR	FRI	SAT
2 10:00am- Chair Yoga 1:00pm- Dominoes 2:00pm- The Golden Pens		1 1:00pm- \$3 Regular Bingo- Snacks Provided By Faith Home Hospice 3:00pm- Line Dancing	2 10:00am- Senior Fitness 11:00am- Cards	3 10:00am- DrumFIT 12:30pm- Right Left Center Game	4
6 10:00am- Chair Yoga 1:00pm- Dominoes 2:00pm- The Golden Pens	7 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	8 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	9 10:00am- Senior Fitness 11:00am- Cards 1:00pm- \$3 Bunco 2:00pm- Alzheimer's Support Group 6:00pm- Game & Pizza Night!	10 10:00am- DrumFIT 12:30pm- Right Left Center Game 1:00pm- Egg Dish Competition 4:00pm- Deadline To Sign Up For Monthly Dinner	11
13 10:00am- Chair Yoga 1:00pm- Dominoes	14 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	15 1:00pm- Commodities Game Room Closed Line Dancing Cancelled	16 10:00am- Senior Fitness 11:00am- Cards 1:00pm- \$3 Regular Bingo	17 DrumFit Cancelled 12:30pm- Right Left Center Game 6:00pm- \$13 Easter Dinner	18
20 10:00am- Chair Yoga 1:00pm- Dominoes	21 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	22 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	23 10:00am- Senior Fitness 11:00am- Cards 1:00pm- \$3 Bunco	24 10:00am- DrumFIT 12:30pm- Right Left Center Game 2:00pm- Woman's Fair Outing	25
27 10:00am- Balance Chair Yoga 1:00pm- Dominoes	28 10:00am- Senior Fitness 11:00am- Cards 1:00pm- Mexican Train	29 3:00pm- Line Dancing	30 Senior Fitness Cancelled 11:00am- Cards 12:30pm- Crafting Club		

# Central Plains AAA

## April 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. *Contains Wheat / Gluten				
		1	2	3
		Beef Chili w/Beans Oven Browned Potatoes Squash Medley *Wheat Bread *Oatmeal Crème Cookie Milk Margarine	Chicken Fajita Pinto Beans Glazed Carrots *Flour Tortilla Fresh Fruit Chocolate Milk Taco Sauce	*Vegetable Lasagna Cauliflower Green Beans *Wheat Bread *Chocolate Pie Parfait Milk Margarine
6	7	8	9	10
*Beef Taco Meat Lettuce & Tomato Confetti Rice Tortilla Chips Diced Peaches Milk Taco Sauce	*Mushroom Chopped Steak Baked Beans Sliced Carrots *Wheat Bread Fresh Fruit Milk	<b><u>Special Birthday Meal</u></b> *Oven Fried Chicken Whipped Potatoes w/Gravy Green Peas w/Onions *Dinner Roll Sherbet Milk Margarine	Cheese Omelet Spiced Black Beans Stewed Tomatoes *Biscuit Fresh Fruit Chocolate Milk Margarine	*Cheese Tortellini w/Marinara Broccoli Green Beans *Multigrain Bread *Nutty Buddy Bar Milk Margarine
13	14	15	16	17
*Chicken Tenders Northern Beans Peas w/Red Peppers *Multigrain Bread Fresh Fruit Milk Ketchup	*Homestyle Beef Casserole Broccoli Green Beans *Texas Bread *Fudge Cream Cookie Milk Margarine	Confetti Chicken Brown Rice Glazed Carrots *Wheat Bread *Animal Crackers Milk Margarine	*Horseradish Meatballs Delmonico Potatoes California Vegetables *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	Chicken Salad *Lemon Orzo Salad Beet Salad *Wheat Bread *Rice Krispy Treat Milk
20	21	22	23	24
*Meatloaf w/Tomato Gravy Whipped Potatoes Catalina Vegetables *Wheat Bread *Graham Crackers Milk Margarine	Apple Glazed Turkey Ham Brown Rice *Lemon Brussels Sprouts *Texas Bread Fresh Fruit Milk Margarine	*Garlic Breaded Chicken Whole Kernel Corn Green Peas *Cornbread Muffin Lemon Gelatin Milk Margarine	*Italian Shells & Cheese Green Beans Spring Vegetables *Wheat Bread Fresh Banana Chocolate Milk Margarine	*Beef Meatballs w/Gravy Mixed Beans Tossed Salad *Multigrain Bread Hot Oranges/Pineapples Milk Margarine Ranch Salad Dressing
27	28	29	30	
Mozzarella Grilled Chicken *Macaroni & Cheese Medley Cabbage *Multigrain Bread *Fig Bar Milk Margarine	*Cheesy Beef Penne Broccoli Glazed Carrots *Texas Bread Fresh Fruit Milk Margarine	*Diced Teriyaki Chicken Jasmine Rice *Japanese Vegetables *Wheat Bread *Oatmeal Raisin Cookie Milk Margarine	Turkey Breast w/Gravy Whipped Potatoes Green Beans *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	 <p><b>TRIO</b> Community Meals Nourishment through compassionate care.</p>

# \$3 BINGO

★ SNACK & SPECIAL CALLER  
SPONSORED BY  
FAITH HOME HOSPICE ★

WEDNESDAY, APRIL 1ST

1:00 P.M.



## Staff Announcements

### Cancellations

- Line Dancing is cancelled on April 15<sup>th</sup> due to commodities.
- Drumming is cancelled on April 17<sup>th</sup> due to dinner preparation.
- Senior Fitness is cancelled on Thursday, April 30<sup>th</sup> due to staff being out of office at this time.

# Game Night *& Pizza*

## Extravaganza

Join Us For A Fun Evening Of Games, Food & Friendship!

**Thursday, April 9th  
5:00 p.m. - 8:00 p.m.**

**Casey's Pizza, Pop & Cookies**

**\$5.00 Per Person | Sign up by April 8th**

**We will have a variety of games.**

**Feel free to bring a game from home too!**





# Mother's Day Celebration

**Saturday, May 2nd | 11:00am**

Lunch | Thrift Swap Game | HTea0 Drinks

\$4.00 Per Person

**Our Members That Are Mother's May Bring Their  
Children & Grandchildren!**

Advance Sign Up Required For All Participants.

Sign Up Due By Wed. April 29th at 4:00pm

Due To Limited Space, We Are Limited To 85 Participants

## **Thrift Swap Game:**

To participate, you must bring at least (1) but no more than (3) items from home (no clothing please). Items must be in clean, unbroken, non-defective order. For each item you bring, you will receive one ticket.

## ***The Rules:***

All thrift items that are brought in will be placed on a table. Each table of participants will have a designated amount of time to "shop" as fast as they can. But be quick! The item you're eyeballing may be snagged up quickly! Each round you may use one ticket.

Remember: Bring items you would want to grab!

# FOOD COMMODITIES

Location: Haysville Senior Center, 160 E. Karla

NEXT DISTRIBUTION:

April 15th | 1:00 p.m.

The Emergency Food Assistance Program (TEFAP- Commodities) is available to residents of all ages in Sedgwick County. Below are the income guidelines for this program (**AS OF 04/2026**). These amounts are for ENTIRE household incomes, before any deductions. Recipients must provide photo ID showing their current address. Food is currently distributed on a bi-monthly basis. Please call 529-5903 with any questions about eligibility.

\*We prepare for the average amount of participants from the previous few distributions. Food is given on a first come, first served basis until food has all been distributed. You do not sign up in advance for this program. Distribution is held in a drive thru process out the backside of the Senior Center. Line goes east down Karla. We highly suggest getting in line early. Participants may not have another individual retrieve their distribution unless a proxy form has been completed by the day prior to distribution.

<u>HOUSEHOLD SIZE</u>	<u>ANNUAL</u>	<u>MONTHLY</u>
1	\$29,526	\$2,461
2	\$40,034	\$3,337
3	\$50,542	\$4,212
4	\$61,050	\$5,088

Please contact staff for bigger family sizes



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## Senior Center Hours Of Operation

Monday-Friday  
8:00 a.m.—5:00 p.m.

## Haysville Hustle Hours Of Operation

Monday-Friday  
8:00 a.m.—4:30 p.m.

## Annual Senior Center Membership

\$5.00/Year | 55+  
Renewal Due  
Each January

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## Center Reminders

- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is REQUIRED for all events!
- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been ordered and purchased. After a deadline has passed, you may give your ticket to another member if you wish.
- Sign ups will be accepted for all programs (fee or free) at the 1<sup>st</sup> of each month. If the 1<sup>st</sup> falls on a weekend or holiday, sign ups will be accepted the following business day.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Monthly Dinner: Typically held on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m. Due to limited seating space, members are only allowed to bring (1) guest each.
- We offer two different Bingo games:
  - Regular \$3.00 Bingo
  - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- The Game Room is open at all times during business hours.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions or concerns.
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$75.00 fee. Please see staff with any questions or for availability.
- The Haysville Hustle is public transportation that is operated through the Haysville Senior Center. This service is available to all ages. Please see staff with any questions or to register for ride.