



HAYSVILLE SENIOR CENTER

LIVE YOUR LIFE & FORGET YOUR AGE



Haysville Senior Center & Haysville Hustle Closed: Monday,
October 12th for Columbus Day
No Meals Served

Program Cancellations This Month:
Wednesday, Oct. 14th - Line Dancing
Friday, Oct. 16th - DrumFIT
Friday, Oct. 30th - DrumFIT

Friday, Oct. 30th the Senior Center will open late at 9:30am
due to hosting a City All Employee meeting. We will also
close early on this date at 3:45pm as we participate in the
Trick or Treat on Main Street event.

Medicare Open Enrollment Is This Month!
Friendly reminder that Open Enrollment for Medicare Part
D- Drug Plans is from October 15th - December 7th. Any
changes to your plans do not go into affect until January
1st. Kristen and Eula are certified SHICK counselors. We
are not licensed insurance agents and can not handle
supplemental plans. We simply input your medications into
the Medicare website to assist you with non-biased plan
comparison and enrollments. It's always good to review
your plans each year! Give us a call if you would like to
schedule a one-on-one session.

OCTOBER 2026

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[WWW.HAYSVILLEKS.GOV/
SENIOR-CENTER](http://WWW.HAYSVILLEKS.GOV/SENIOR-CENTER)

LIKE US ON FACEBOOK!
[WWW.FACEBOOK.COM/
HAYSVILLESENIORCENTER](http://WWW.FACEBOOK.COM/HAYSVILLESENIORCENTER)

GREAT THINGS ARE HAPPENING IN HAYSVILLE!



TAI CHI WEDNESDAYS

Wichita State University- Lifelong Learning Class

Tai Chi for Balance, Mobility & Calming



Wednesdays- September 9th-November 11th
9:00am-10:00am

(The Last Session, Nov. 11th, Is The Veteran's Day Holiday. Since these videos are recorded, we will show the final week's video on FRIDAY, NOVEMBER 13TH!)

Watch The Livestream From The Senior Center!

Designed especially for adults who want to move with greater ease, confidence and calm, this 10-week beginner-friendly class introduces simple Tai Chi movements that support balance, coordination, posture, flexibility and overall mobility.

Often called "meditation in motion", Tai Chi combines slow, intentional movement with breath and focus to create a practice that is both calming and energizing. Participants will learn gentle, flow movements that are low-impact, accessible and easy to follow. No prior experience is required. Classes are performed standing with shoes on, and all movements can be modified to meet individual comfort levels and abilities. Whether your goal is to improve stability, reduce stiffness, support joint health, increase body awareness, or simply enjoy a peaceful movement practice, this class offers a welcoming environment to help you succeed.

Instructor: David Larsen, Tai Chi Instructor

SEDGWICK COUNTY ZOO WILD LIGHTS

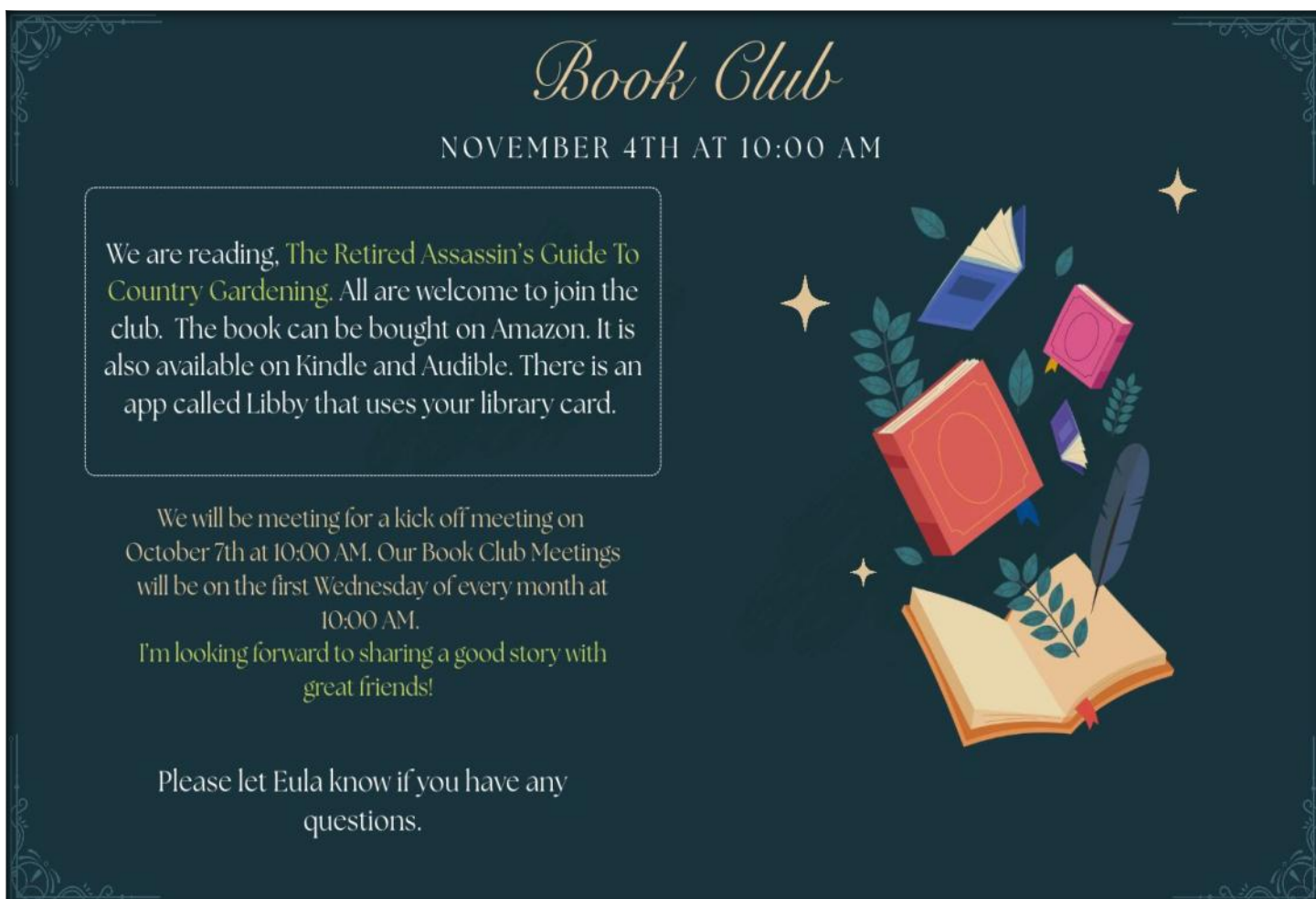
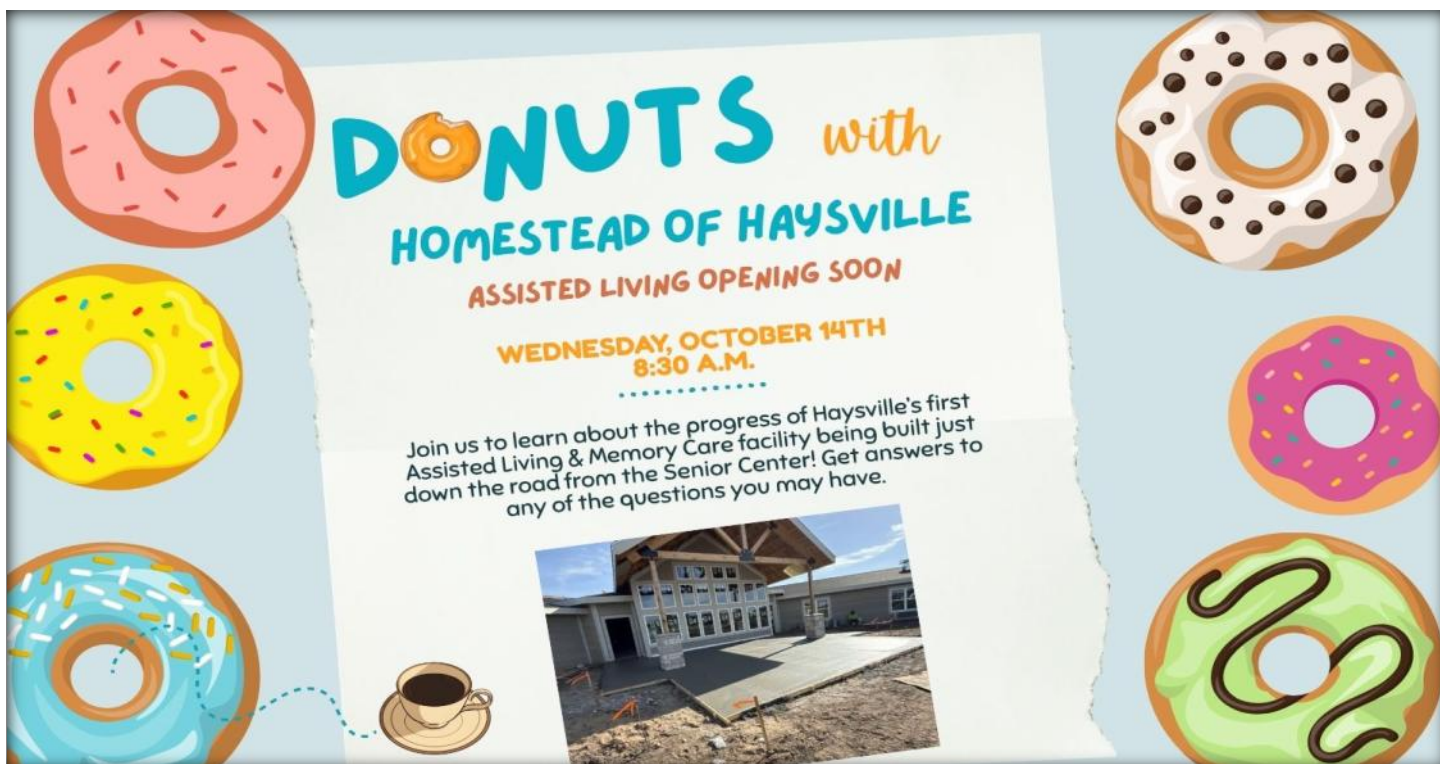
Wednesday, October 21st

Leave Senior Center at 6:30 PM
Leave Zoo At 9:00 PM

\$16.00 Admission To Zoo (Pay There- Wednesdays Is Discount Day!)
\$1.00 To Ride Haysville Hustle

Zoo Animal Exhibits Will Not Be Open.
These Beautiful Asian Lanterns/Lights Will Be Displayed All Through The Main
Walk Way Of The Zoo. A Lot Of Walking Will Be Required For Trip.
Here Are A Couple Pictures From Our Group Last Year!





Do It Yourself Apple Nachos

Learn Different Variations Of Apple Nachos
That You Can Share With Your Friends &
Family During The Holidays!



THURSDAY, OCTOBER 29TH

1:00 p.m.

\$2.00/Person

Sign Up Required
By October 27th





FALL FESTIVAL PARADE

Saturday, October 24th - 9:00 AM

JOIN US IN REPRESENTING THE HAYSVILLE SENIOR CENTER IN THIS YEARS FALL FESTIVAL PARADE!!!! WHAT BETTER WAY TO SHOW THE COMMUNITY THAT THE SENIOR CENTER IS AN ACTIVE & FUN FOCAL POINT OF HAYSVILLE!

WE ARE GOING TO MAKE OUR FLOAT "50'S THEMED", SINCE WE KNOW MOST OF YOU HAVE SOCK HOP APPAREL! WE WILL MEET AT THE SENIOR CENTER AT 7:45 AM. AND DRIVE TO PARADE LINE STARTING AT 8:00AM

THERE WILL BE A RAMP TO WALK ONTO THE TRAILER. STAFF WILL BE PRESENT TO ASSIST.

(PLEASE NOTE: RESTROOM WON'T BE AVAILABLE AFTER WE LEAVE THE SENIOR CENTER UNTIL WE RETURN)

**WE ARE IN NEED OF CANDY DONATIONS TO PASS OUT AT THE PARADE!
THANK YOU IN ADVANCE FOR GRABBING A SMALL BAG WHEN YOU GO TO THE STORE!
PLEASE HAVE DONATIONS DROPPED OF BY THE THURSDAY THE 22ND**



Haysville Senior Center—October 2026 Activities

MON	TUE	WED	THUR	FRI	SAT
			1 10:00am—Senior Fitness 11:00am—Cards	2 10:00am—DrumFIT 12:30pm—Right Left Center Game	3
5 10:00am—Chair Yoga 1:00pm—Dominoes 1:00pm—Golden Pens Writing Club	6 10:00am—Senior Fitness 11:00am—Cards 1:00pm—Mexican Train	7 9:00am—Tai Chi 10:00am—Book Club 1:00pm—\$3 Regular Bingo 3:00pm—Line Dancing	8 10:00am—Senior Fitness 11:00am—Cards 1:00pm—\$3 Bunco 2:00pm—Alzheimer's Support Group	9 10:00am—DrumFIT 12:30pm—Right Left Center Game 4:00pm—Deadline To Sign Up For Monthly Dinner	10
12 Senior Center & Haysville Hustle Closed No Meals Served	13 10:00am—Senior Fitness 11:00am—Cards 1:00pm—Mexican Train	14 Line Dancing Cancelled 8:30am—Donuts with Homestead of Haysville 9:00am—Tai Chi 1:00pm—\$3 Card Bingo	15 10:00am—Senior Fitness 11:00am—Cards 1:00pm—\$3 Regular Bingo	16 DrumFit Cancelled 12:30pm—Right Left Center Game 6:00pm—\$13 Halloween Party	17
19 10:00am—Chair Yoga 1:00pm—Dominoes	20 10:00am—Senior Fitness 11:00am—Cards 1:00pm—Mexican Train	21 9:00am—Tai Chi 1:00pm—Commodities 3:00pm—Line Dancing 6:30pm—Wild Lights Outing Game Room Closed Today	22 10:00am—Senior Fitness 11:00am—Cards 1:00pm—\$3 Bunco 1:00pm—Stackable Pumpkin Craft	23 10:00am—DrumFIT 12:30pm—Right Left Center Game	24 7:45am—Fall Fest Parade (Meet At Senior Center)
26 10:00am—Chair Yoga 1:00pm—Dominoes	27 10:00am—Senior Fitness 11:00am—Cards 1:00pm—Mexican Train	28 8:30am—Donuts, Coffee & Conversation 9:00am—Tai Chi 1:00pm—\$3 Card Bingo 3:00pm—Line Dancing	29 10:00am—Senior Fitness 11:00am—Cards 12:30pm—Crafting Club 1:00pm—Apple Nachos	30 DrumFit Cancelled Senior Center Opening Late at 9:30am. Closing early at 3:45pm 12:30pm—Right Left Center Game	31

Central Plains AAA

October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. *Contains Wheat / Gluten		1	2
			*Pineapple Chicken Northern Beans Green Beans *Cornbread Muffin Fresh Fruit Chocolate Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce/Tomato/Onion Three Bean Salad *Multigrain Bread (2) Rosy Applesauce Milk
5	6	7	8	9
*Vegetable Lasagna Parslied Carrots Broccoli *Multigrain Bread *Oatmeal Cookie Milk Margarine	*Chicken & Dumplings Green Beans Cauliflower *Wheat Bread Fresh Banana Milk Margarine	Sliced Turkey Breast Poultry Gravy Whipped Potatoes Spring Vegetables *Texas Bread *Rice Krispy Treat Milk Margarine	*Sloppy Joe Baked Beans Cabbage *Whole Grain Hamburger Bun Fresh Fruit Chocolate Milk	*Turkey Meatballs *Lemon Herb Sauce Delmonico Potatoes Orange Beets *Texas Bread Fresh Fruit Milk Margarine
12	13	14	15	16
*Shepherd's Pie Diced Beets Lemon Zest Broccoli *Multigrain Bread Fresh Fruit Milk	*Salisbury Beef Mushroom Gravy Oven Roasted Potatoes Sliced Carrots *Wheat Bread *Chocolate Pie Parfait Milk Margarine	<u>Special Birthday Meal</u> *Oven Fried Chicken Whipped Potatoes w/Gravy Green Peas w/Onions *Dinner Roll Ice Cream Milk Margarine	Honey Mustard Chicken Whipped Sweet Potatoes Green Beans *Wheat Bread Fresh Fruit Chocolate Milk Margarine	Beef Chili w/Beans Country Vegetables Rosemary Carrots *Cornbread Muffin Rosy Applesauce Milk Margarine
19	20	21	22	23
*Lemon Caper Chicken Mashed Red Potatoes Green Peas w/Onions *Multigrain Bread Fresh Fruit Milk Margarine	*Turkey Cacciatore *Parslied Penne Pasta Green Bean Almandine *Texas Bread Fresh Banana Milk Margarine	*Teriyaki Diced Chicken Rice Ginger Carrots *Dinner Roll *Graham Crackers Milk Margarine	*Meatloaf w/Brown Gravy Mixed Beans Broccoli *Cornbread Muffin Fruited Lemon Gelatin Chocolate Milk Margarine	*Potato Crusted Fish Baked Potato Okra & Tomatoes *Texas Bread *Oatmeal Cream Cookie Milk Margarine
26	27	28	29	30
*Beef Burgundy Whipped Potatoes Glazed Carrots *Wheat Bread Fruit Cocktail Milk Margarine	*Breaded Chicken w/Gravy Mixed Beans Chuckwagon Corn *Dinner Roll Fresh Fruit Milk Margarine	*Cheeseburger Macaroni Green Peas Cauliflower *Multigrain Bread Lemon Berry Pudding Milk Margarine	*Chicken Alfredo Green Beans Country Tomatoes *Wheat Roll Fresh Fruit Chocolate Milk Margarine	*Pesto Turkey Meatballs Rice Italian Vegetables *Wheat Bread *Fudge Cream Cookie Milk Margarine

Stackable Pumpkin Craft

Join us as we customize these stackable pumpkins with decorative napkins and mod podge. We will have supplies that you can make your pumpkins fall themed, halloween themed OR half/half.

OCTOBER

THURSDAY **22** AT 1:00 PM

\$15.00/PERSON

MEMBERS ONLY

WE HAVE 12 SETS AVAILABLE





HALLOWEEN *party*

FRIDAY, OCT. 16TH
6:00 PM
DOORS OPEN AT 5:30PM

\$13.00 CHILI DINNER

BLACK LIGHT BINGO!

ROOM LIGHTS WILL BE TURNED OFF AND
BLACKLIGHTS ARE USED TO MAKE YOUR
CARDS GLOW!

BEST COSTUME AWARD

RESERVATIONS BEGIN OCTOBER 1ST
DEADLINE TO SIGN UP IS FRIDAY,
OCTOBER 9TH BY 4:00PM. WE HAVE A
MAXIMUM OF 82 SEATS, SO DON'T WAIT
UNTIL THE DEADLINE TO SIGN UP!

MEMBERS ONLY FOR THIS EVENT
(REMEMBER- ANYONE CAN BE A MEMBER
THAT'S 55)

***DRESS UP IS NOT REQUIRED BUT
ENCOURAGED!***



OCTOBER POPCORN CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4		5	6		7	8
9	10	11	12		13	14
15	16	17	18		19	20
21	22	23	24		25	26
27	28	29	30		31	

SHOPPING OUTING

CHRISTOPHER
& BANKS

FALL SALE

PRIVATE SHOPPING EVENT

FRIDAY, NOVEMBER 6TH
LEAVE SENIOR CENTER: 8:30 AM

LUNCH FOLLOWING AT
BARNARD'S ON NORTH MAIZE

RIDE THE HUSTLE FOR \$1.00

12:00-12:30 ANTICIPATED RETURN
TO SENIOR CENTER

NEW THEATRE & RESTAURANT IN KANSAS CITY

BOEING, BOEING

Join us for this exciting day trip to New Theatre, voted #1 theatre in the US!

**TICKETS- \$100.00 (\$47/THEATRE
TICKET, \$53/TRAVEL BUS)
DINNER AT THEATRE INCLUDED!**

Saturday, April 10th, 2027

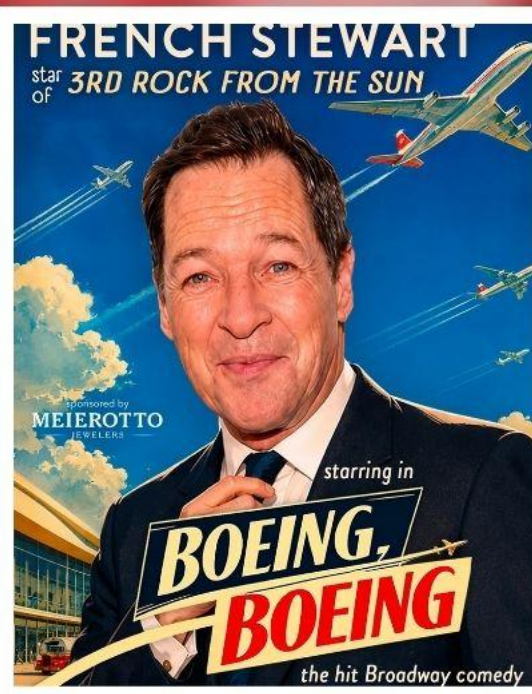
Leave Haysville City Hall at 8:00 a.m. Promptly
Bus Boarding Begins At 7:15 a.m.

Approximate Return at 7:00 p.m.

3 Hour Drive There And Back- We Will Stop Mid
Way For Restroom/Snack/Drink Break

Sign Up Begins Tuesday, January 26th

9:00am. Please sign in upon arrival and we will
call people in order to complete registration.
any remaining tickets may be purchased at any
time after this time. current members only.



Join us for our next day trip utilizing a Village Tour 56 passenger bus. This vehicle has a lift available to assist with getting onto the bus if necessary. There is plenty of space underneath the bus for light-weight folding mobility devices. There is a restroom at the back of the bus. All passengers will be required to complete a passenger transport liability waiver at time of sign up. We will also request a current phone number and emergency contact for each passenger.

Day Trip Cancellation Policy

Reservations canceled as of March 1, 2027 will not be refunded unless this ticket can be resold to another individual on our waitlist.

To ensure timely departures, we will not contact individuals on the waitlist to fill spots resulting from morning of cancellations or no-shows. Therefore, no refunds will be issued for same-day cancellations or no-shows. Please Note: Departure is from City Hall, NOT the Senior Center!!!

Senior Center Hours Of Operation

Monday-Friday
8:00 a.m.—5:00 p.m.

Haysville Hustle Hours Of Operation

Monday-Friday
8:00 a.m.—4:30 p.m.

Annual Senior Center Membership

\$5.00/Year | 55+
Renewal Due
Each January

Center Reminders

- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is **REQUIRED** for all events!
- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been ordered and purchased. After a deadline has passed, you may give your ticket to another member if you wish.
- Sign ups will be accepted for all programs (fee or free) at the 1st of each month. If the 1st falls on a weekend or holiday, sign ups will be accepted the following business day.
- Day Trip Cancellation Policy- Each day trip will have a designated date for a deadline for signing up and cancelling reservations. This date will be dependent on the travel company policy as well as any location where tickets may be purchased in advance. After this deadline, tickets will only be reimbursed if your ticket is able to be sold to another individual. To ensure timely departures, we will not contact individuals on the waitlist to fill spots resulting from morning of cancellations or no-shows. Therefore, no refunds will be issued for same-day cancellations or no-shows.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Monthly Dinner: Typically held on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m. Due to limited seating space, members are only allowed to bring (1) guest each.
- We offer two different Bingo games:
 - Regular \$3.00 Bingo
 - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- The Game Room is open at all times during business hours.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions or concerns.
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$75.00 fee. Please see staff with any questions or for availability.
- The Haysville Hustle is public transportation that is operated through the Haysville Senior Center. This service is available to all ages. Please see staff with any questions or to register for ride.