



HAYSVILLE SENIOR CENTER

LIVE YOUR LIFE & FORGET YOUR AGE

Staff Updates

Cancellations This Month-

DrumFit- Friday, March 27th- Due To Monthly Dinner

Chair Yoga- Monday, March 30th

STEPS- Tuesday, March 31st- Staff Out Of Office

Starla Criser, who provides our current Writing Craft group, has announced an exciting re-naming to their group, The Golden Pens! "Writing Craft hasn't been a 'teaching how to write' group for a while now. It has evolved into more of a writers' support group. This new name fits better and my other members enjoy it!"

The Golden Pen will continue to meet on the first Monday of the month at 1:00 p.m.

Meals on Wheels/Congregate Meals Update

As you know by now, Central Plains Area Agency on Aging (CPAAA) has taken over the senior nutrition program for most of Sedgwick County. We are happy to say the meal program has resumed to normal during February. Currently, the program is not accepting new participants. We hope they will be able to begin accepting new participants in the next few months. Until then, if you are interested in receiving congregate or homebound meals, please let us know and we will forward your information on to CPAAA.

We have a few spots left for our Aquarium trip!

Friendly reminder to those that signed up- please be at the Senior Center ready to board the bus by 7:10 a.m.

MARCH 2026

160 E. KARLA, HAYSVILLE
316.529.5903

KRISTEN MCDANIEL
DIRECTOR OF SENIOR
SERVICES & TRANSPORTATION
KMCDANIEL@HAYSVILLEKS.GOV

EULA MAE MCKINLEY
PROGRAM SPECIALIST
EMCKINLEY@HAYSVILLEKS.GOV

KAYLA WHITE
TRANSIT DISPATCHER
TRANSIT@HAYSVILLEKS.GOV

LAUREL FERRANTI
TRANSIT DRIVER
LFERRANTI@HAYSVILLEKS.GOV

VACANT
KITCHEN MANAGER

VISIT OUR WEBSITE AT:
[WWW.HAYSVILLEKS.GOV/
SENIOR-CENTER](http://WWW.HAYSVILLEKS.GOV/SENIOR-CENTER)

LIKE US ON FACEBOOK!
[WWW.FACEBOOK.COM/
HAYSVILLESENIORCENTER](http://WWW.FACEBOOK.COM/HAYSVILLESENIORCENTER)

GREAT THINGS ARE HAPPENING IN HAYSVILLE!



Ride The Haysville Hustle For \$1.00

Leave Senior Center at 2:00 p.m.

Event starts at 2:30 p.m.

Approximately 1.5 hours long.



A Cup of Prevention

March 9th at 9:00am
Haysville Senior Center

Stay independent. Prevent falls.

Enjoy coffee, light snacks, and practical tips to stay safe and independent at home. All participants receive a

Fall Prevention Kit

- **Know your personal fall risk**
- **Tips to make your home safer**
- **Simple balance strategies**

Presented by Wesley Trauma Services - Your local injury prevention team!



Please Sign Up By March 6th



Haysville Senior Center Day Trip To Oklahoma Aquarium

We are SO excited to announce our first day trip
utilizing a 56 passenger Village Travel bus.

Tuesday, March 31st

Leave the Senior Center at 7:30am | Arrive to Jenks, OK by 10:45am

We Will Stop For Lunch At Margaritaville Then Go To The Aquarium

Get On Road To Drive Home By 4:00pm | Return to the Senior Center by 7:15pm

\$48.00 Per Person
(Fee Covers Bus Cost Only)

You Are Responsible For Your Own Admission Into The
Aquarium (\$15.00 + Tax) & Lunch

Current Haysville Senior Center Members Only.

Our Day Trip Sign Up Procedures Will Go As Follows To
Allow All Members Equal Opportunity To See
Advertisement Of Event

- Month One (**January**)- Announce Event In Newsletter
With Set Sign Up Date For Following Month
- Month Two (**February**)- Sign Ups Accepted On Set
Date at **February 2nd at 9:00 AM**
- Month Three (**March**)- Event Held

We Anticipate Bus Seats Will Be Claimed Quickly.
After March 17th Refunds Will Not Be Issued For Any
Cancellations Unless Spot Is Able To Be Filled.



MORE OKLAHOMA DAY TRIP INFORMATION



- Sign ups for this trip will begin on Monday, February 2nd at 9:00am. We anticipate a large crowd for sign ups. When you arrive any time after 8:30 am this date, please sign in with Kristen and Eula. This sign in sheet will be the order in which we call for members to come up to the table to pay and reserve their spot. All forms of payments accepted, but exact cash will make the process go much quicker and would be greatly appreciated. From 9:00am-10:00am on this date we will not be taking payments for any other activities than the day trip.

We'll happily accept your payments for other programs after this.



- We will be enjoying lunch at Margaritaville! Menus can be found at the front office.
- The aquarium is giving a group discount, so the price has been lowered to \$15.00 + tax.
- A limited number of walkers will be accepted. Walkers will have to go under the bus, so please arrive with all personal belongings in a bag you can take onto the bus and have your walker free of any items.
- Our bus does have a lift available. Members also must be able to care for themselves during the duration of this trip.

The aquarium does have a limited number of wheelchairs and scooters available for rent.

\$10.00- Wheelchairs

\$25.00- Scooters



Haysville Senior Center— March 2026 Activities

MON	TUE	WED	THUR	FRI	SAT
<p>2</p> <p>10:00am- Chair Yoga</p> <p>1:00pm- Dominoes</p> <p>2:00pm- The Golden Pens</p>	<p>3</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>1:00pm- Mexican Train</p>	<p>4</p> <p>1:00pm- \$3 Regular Bingo- Snacks Provided By Faith Home Hospice</p> <p>3:00pm- Line Dancing</p>	<p>5</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p>	<p>6</p> <p>10:00am- DrumFIT</p> <p>10:00am- Dilliard's Shopping & Lunch</p> <p>12:30pm- Right Left Center Game</p>	<p>7</p>
<p>9</p> <p>9:00am- A Cup Of Prevention Presentation</p> <p>10:00am- Chair Yoga</p> <p>12:30pm- Passageways Outreach Center Present</p> <p>1:00pm- Dominoes</p>	<p>10</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>1:00pm- Mexican Train</p>	<p>11</p> <p>8:30am- Donuts, Coffee & Conversation</p> <p>1:00pm- \$3 Card Bingo</p> <p>3:00pm- Line Dancing</p>	<p>12</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>1:00pm- \$3 Bunco</p> <p>2:00pm- Alzheimer's Support Group</p> <p>6:00pm- Game Night!</p>	<p>13</p> <p>10:00am- DrumFIT</p> <p>12:30pm- Right Left Center Game</p> <p>1:00pm- Anything Green Food Competition</p>	<p>14</p>
<p>16</p> <p>10:00am- Chair Yoga</p> <p>1:00pm- Dominoes</p> <p>2:30pm- Library Outing</p>	<p>17</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>1:00pm- Mexican Train</p> <p>1:00pm- Signs of a Heart Attack Presentation & Ice Cream Floats</p>	<p>18</p> <p>3:00pm- Line Dancing</p>	<p>19</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>1:00pm- \$3 Regular Bingo</p>	<p>20</p> <p>10:00am- DrumFIT</p> <p>12:30pm- Right Left Center Game</p> <p>4:00pm- Deadline To Sign Up For Monthly Dinner</p>	<p>21</p>
<p>23</p> <p>10:00am- Chair Yoga</p> <p>1:00pm- Dominoes</p>	<p>24</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>1:00pm- Mexican Train</p>	<p>25</p> <p>8:30am- Donuts, Coffee & Conversation</p> <p>1:00pm- \$3 Card Bingo</p> <p>3:00pm- Line Dancing</p>	<p>26</p> <p>10:00am- STEPS</p> <p>11:00am- Cards</p> <p>12:30pm- Crafting Club</p> <p>1:00pm- \$3 Bunco</p>	<p>27</p> <p>DrumFit Cancelled</p> <p>10:00am- Nelson Singers</p> <p>12:30pm- Right Left Center Game</p> <p>6:00pm- \$13 Taco Dinner</p>	<p>28</p>
<p>30</p> <p>Chair Yoga Cancelled</p> <p>1:00pm- Dominoes</p>	<p>31</p> <p>STEPS Cancelled</p> <p>7:10am- Oklahoma Trip</p> <p>11:00am- Cards</p> <p>1:00pm- Mexican Train</p>				



Central Plains AAA

March 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Meatloaf w/Brown Gravy Garlic Whipped Potatoes Green Peas Wheat Bread Fresh Fruit Milk Margarine	King Ranch Chicken Pinto Beans Broccoli Saltine Crackers Strawberry Craisins Milk	Beef Shepherd's Pie Brussels Sprouts Parslied Carrots Multigrain Bread Graham Crackers Milk Margarine	Diced BBQ Chicken Roasted Potatoes Green Beans Hamburger Bun Chocolate Chip Cookie Chocolate Milk	Italian Shells and Cheese Tossed Salad California Vegetables Texas Bread Hot Rosy Applesauce Milk Margarine Ranch Salad Dressing
9	10	11	12	13
Turkey Bolognese Broccoli Diced Beets Multigrain Bread Nuttty Buddy Bar Milk Margarine	BBQ Beef Meatballs Baked Beans Sliced Carrots Wheat Bread Fresh Fruit Milk	~Special Birthday Meal~ Oven Fried Chicken Whipped Potatoes w/ Gravy Green Peas with Onions Multigrain Bread Ice Cream Milk Margarine	Salisbury Beef with Gravy Rice Brussels Sprouts Wheat Bread Pineapple Tidbits Chocolate Milk Margarine	Macaroni and Cheese Whole Kernel Corn Italian Vegetables Multigrain Bread Fudge Cream Cookie Milk Margarine
16	17	18	19	20
Chipotle BBQ Breaded Chicken Whipped Potatoes Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine	Beef Chili with Beans Rice Green Beans Saltine Crackers Nuttty Buddy Bar Milk Margarine	Turkey Breast with Gravy Mashed Red Potatoes Catalina Vegetables Multigrain Bread Oatmeal Raisin Cookie Milk Margarine	Hamburger Patty Lettuce/Tomato/Onion Baked Beans Hamburger Bun Hot Cinnamon Applesauce Chocolate Milk Mustard and Ketchup	Fish Sticks Green Peas Brussels Sprouts Dinner Roll Fudge Cream Cookie Milk Margarine Tartar Sauce
23	24	25	26	27
Tomato Swiss Steak Delmonico Potatoes Green Beans Wheat Bread Fresh Fruit Milk Margarine	Breaded Piccata Chicken Parslied Rice Glazed Carrots Multigrain Bread Graham Crackers Milk Margarine	Beef Taco Lettuce/Tomato Mixed Beans Flour Tortilla Peach Berry Crisp Milk Taco Sauce	Italian Chicken Chili Cauliflower Broccoli Wheat Roll Oatmeal Cream Cookie Chocolate Milk Margarine	Breaded Pollock Whipped Potatoes Country Tomatoes Multigrain Bread Fresh Fruit Milk Margarine
30	31			
Creole Steak Northern Beans Catalina Vegetables Wheat Bread Graham Crackers Milk Margarine	Alfredo Turkey Meatballs Herbed Green Peas Whole Kernel Corn Multigrain Bread Fresh Fruit Milk Margarine		Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.	 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>

\$3 BINGO

★ SNACK & SPECIAL CALLER
SPONSORED BY
FAITH HOME HOSPICE ★

WEDNESDAY, MARCH 4TH

1:00 P.M.



Passageways Outreach Center

SPREADING POSITIVITY PRESENTATION

MONDAY, MARCH 9TH
12:30 PM

LEARN ABOUT THE MANY RESOURCES THIS PROGRAM OFFERS

Come Shop With Us! _____

DILLARD'S SHOPPING TRIP & FOOD COURT LUNCH

We have been invited to shop 'til we drop! There will be a light snack & water. All attending will be given a small gift. An extra gift will be given with purchase. The beauty department will offer hand massages and light facials.

March 6th at 10:00 AM
Bus will load up and leave at 9:30.



NELSON ELEMENTARY



**Friday, March 27th
10:00 AM**



**The Nelson music teacher will be
bringing her students to sing for us.
Please come help us cheer on these
youngsters!**



St. Patrick's Ice Cream Floats!



TUESDAY, MARCH 17TH | 1:00PM

Sponsored By Aetna

Agents will be providing a special presentation about

Signs Of A Heart Attack

Sign Up By Friday, March 13th

Game Night *Extravaganza!*

Join Us For A Fun Evening Of Games & Friendship!

BRING A SNACK TO SHARE WITH THE GROUP

Thursday, March 12th
6:00 p.m. - 8:00 p.m.

We will have a variety of fun games to play,
or feel free to bring a fun one from home!

HTZ



ANYTHING GREEN FOOD COMPETITION

FRIDAY, MARCH 13TH

1:00 P.M.

OUR FOOD COMPETITION RETURNS AFTER
A COUPLE MONTH BREAK!

FOR ST. PATRICKS DAYS, THIS MONTHS COMPETITION WILL BE
GREEN THEMED. BRING ANY FOOD ITEM IRISH OR GREEN THEMED.

EVERYONE WILL ENJOY TASTE TESTING.
MEMBER WITH THE MOST VOTES WILL GET FREE
TICKET TO MARCH DINNER.

SIGN UP BY MARCH 12TH

TACO
BAR

Catered By
La Pasadita
From Haysville!

GROUND BEEF | CHICKEN | ALL THE TOPPINGS!

*Join Us For The Best
Taco Bar Around!*

Friday, March 27th | 6:00 P.M.

\$13.00 Per Person

Register By March 20th At 4:00 P.M.

Doors Open At 5:30 PM

Senior Center Hours Of Operation

Monday-Friday
8:00 a.m.—5:00 p.m.

Haysville Hustle Hours Of Operation

Monday-Friday
8:00 a.m.—4:30 p.m.

Annual Senior Center Membership

\$5.00/Year | 55+
Renewal Due
Each January

Center Reminders

- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is REQUIRED for all events!
- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been ordered and purchased. After a deadline has passed, you may give your ticket to another member if you wish.
- Sign ups will be accepted for all programs (fee or free) at the 1st of each month. If the 1st falls on a weekend or holiday, sign ups will be accepted the following business day.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Monthly Dinner: Typically held on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m. Due to limited seating space, members are only allowed to bring (1) guest each.
- We offer two different Bingo games:
 - Regular \$3.00 Bingo
 - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- The Game Room is open at all times during business hours.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions or concerns.
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$75.00 fee. Please see staff with any questions or for availability.
- The Haysville Hustle is public transportation that is operated through the Haysville Senior Center. This service is available to all ages. Please see staff with any questions or to register for ride.