

| Mon                                                                                                                           | Tue                                                                                                             | Wed                                                                                                    | Thu                                                                                                 | Fri                                                                                                                                                                                                |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Milk and grape juice is only available to congregate participants. Powdered milk is available for home delivery upon request. |                                                                                                                 |                                                                                                        |                                                                                                     |                                                                                                                                                                                                    |
| <b>Birthday Celebration</b><br><b>October 16th</b>                                                                            |                                                                                                                 |                                                                                                        |                                                                                                     |                                                                                                                                                                                                    |
| <b>6</b><br>Fish Sandwich 3 oz w/ Bun, Cheese and Set up<br>Potato Wedge 4 oz<br>Carrots 4 oz<br>Pears 4 oz                   | <b>7</b><br>Goulash 8 oz<br>Garden Salad 8 oz<br>Mixed fruit 4oz<br>Garlic Breadstick                           | <b>8</b><br>Southwest Chicken Bake 8 oz<br>Green Beans 4 oz<br>Easy Peach Cobbler 4 oz                 | <b>9</b><br>Beef Soft Taco 3oz w/ 2-Tortillas, Cheese, Lettuce<br>Carrots 4 oz<br>Applesauce 4 oz   | <b>10</b><br>Sloppy Joe Topper 4 oz w/ Potato Wedges 4 oz<br>Herbed Green Beans 4 oz<br>Mixed Fruit 4 oz                                                                                           |
| <b>13</b><br><b>**CLOSED**</b><br><b>Indigenous Peoples Day (Columbus Day)</b>                                                | <b>14</b><br>Ham & Bean 8 oz<br>Potato Wedges 4 oz<br>Carrots & Peas 4 oz<br>Blushing Pears 4 oz<br>Corn Muffin | <b>15</b><br>Spaghetti 8 oz<br>Garden Salads 8 oz<br>Spiced Peaches 4 oz                               | <b>16</b><br>Chicken & Noodle 8 oz<br>Mashed Potato 4 oz<br>Peas 4 oz<br>Apple<br>Wheat Roll & Cake | <b>17</b><br>Cowboy Beans 8 oz<br>Glazed Carrots 4 oz<br>Stewed Apples 4 oz<br>Corn Bread Muffin                                                                                                   |
| <b>20</b><br>Chicken Pot Pie 6oz w/ Wheat Biscuit<br>Harvard Beets 4 oz<br>Pears 4 oz                                         | <b>21</b><br>Tomato Soup 8 oz<br>Chicken Patty Sand. 4 oz<br>Banana<br>Vanilla Pudding 4oz                      | <b>22</b><br>Bierock Casserole 6 oz w/ Biscuit<br>Garden Salad 8 oz<br>Peaches 4 oz                    | <b>23</b><br>Baked Fish 4 oz w/ Tarter Sauce Corn 4 oz<br>Mac & Cheese 4 oz<br>Applesauce 4 oz      | <b>24</b><br>BBQ Chicken 3 oz<br>Mashed Potato 4oz<br>Coleslaw 4 oz<br>Applesauce 4 oz                                                                                                             |
| <b>27</b><br>Easy Lasagna 8 oz<br>Garden Salad 8 oz<br>Fruit Cobbler 4 oz                                                     | <b>28</b><br>Hamburger & Sausage - Gravy 6 oz w/ Biscuit<br>Calico Salad 4 oz<br>Mixed Fruit 4 oz               | <b>29</b><br>Vegetable Soup 8 oz<br>Grilled Chicken Sand 3 oz<br>Bun (or Bread)<br>Ambrosia Salad 4 oz | <b>30</b><br>Cheese Burger 4 oz w/ Bun and Set up<br>Broccoli w/Cheese 4 oz<br>Pears 4 oz           | <b>31</b><br>Madison's Pizza<br>Broccoli /Cauliflower Salad 4 oz<br>Applesauce 4<br><br><b>Happy Halloween!</b> |