

May 2025

AGING PROJECTS, INC. MEALS ON WHEELS/FRIENDSHIP MEALS 21-SERVING DAYS - 1 HOLIDAY

	Mon	Tue	Wed	Thu	Fri
				1 Chicken salad sand. 3 oz. Green beans 4 oz Pineapples 4 oz. Potato chips Milk or grape juice 8 oz.	2 Soft taco 3 oz cheese, Lettuce, tomato Mexican rice 4 oz. Refried beans 4 oz. Pears 4 oz Milk or grape juice 8 oz.
5 Baked fish 3 oz. Mac & cheese 4 oz. Green beans 4 oz Easy Peach cobbler 4 oz Milk or grape juice 8 oz.	6 Spaghetti w/meat sauce 8oz Garden salad 8 oz Mixed fruit 4 oz Garlic bread Milk or grape juice 8 oz.	7 Pork cutlets 3 oz. w/ mushroom/ onion sauce Peas 4 oz. Bananas in orange juice 4 oz Milk or grape juice 8 oz	8 Potato stroganoff cass 8 oz Carrots 4 oz Blushing pears 4 oz. Wheat roll/ butter Milk or grape juice 8 oz	9 Bbq chicken 3 oz/ bun Potato salad 4 oz Baked beans 4 oz Applesauce 4 oz Milk or grape juice 8 oz	
12 Biscuit w/ hamburger & Sausage gravy 4oz Scrambled eggs 4 oz Corn O'brien 4 oz. Orange Milk or grape juice 8 oz..	13 Sloppy Joe 4 oz Potato wedges 4 oz Green beans 4 oz Pineapples 4 oz Milk or grape juice 8 oz.	14 Chicken & broccoli pie 8oz Peas & carrots 4 oz Peaches 4 oz Corn muffin/ butter Milk or grape juice 8 oz.	15 Beef noodle casserole 8 oz Beets 4 oz Apricots 4 oz Brownies Milk or grape juice 8 oz.	16 Tuna salad sandwich 4 oz Cuc. & onion salad 4 oz Pears 4 oz Milk or grape juice 8 oz	
19 Salisbury steak 4 oz Mashed potatoes 4 oz Cabbage au gratin 4 oz Glazed cherries 4 oz Milk or grape juice 8 oz	20 Ham hash 8 oz Mixed vegetables 4 oz Peaches 4 oz Wheat roll/ butter Milk or grape juice 8 oz	21 Meat loaf 4 oz Scalloped potatoes 4 oz Corn 4 oz Ambrosia fruit salad 4 oz Milk or grape juice 8 oz	22 Chicken fajita salad 8 oz Green beans 4 oz Blushing pears 4 oz Milk or grape juice 8 oz	23 Liver & onions 3 oz or Beef cutlet 3 oz Brown rice 4 oz Glazed carrots 4 oz Mixed fruit 4 oz Milk or grape juice 8 oz	
Memorial Day	27 Hot turkey casserole 8 oz Beets 4 oz Easy Fruit cobbler 4 oz Milk or grape juice 8 oz	28 Ham & cheese sand 3oz w/lettuce,tom.,mayo,mustard Macaroni salad 4 oz Three bean salad 4 oz Banana Milk or grape juice 8 oz	29 Spanish rice w/hamb. 8oz Corn 4 oz Pineapples 4 oz Wheat roll /butter Milk or grape juice 8 oz	30 Easy lasagna 8 oz Garden salad 8 oz Spiced Peaches 4 oz Garlic bread stick Milk or grape juice 8 oz	