

Central Plains AAA

April 2026



Monday	Tuesday	Wednesday	Thursday	Friday
Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. *Contains Wheat / Gluten				
		1	2	3
		Beef Chili w/Beans Oven Browned Potatoes Squash Medley *Wheat Bread *Oatmeal Crème Cookie Milk Margarine	Chicken Fajita Pinto Beans Glazed Carrots *Flour Tortilla Fresh Fruit Chocolate Milk Taco Sauce	*Vegetable Lasagna Cauliflower Green Beans *Wheat Bread *Chocolate Pie Parfait Milk Margarine
6	7	8	9	10
*Beef Taco Meat Lettuce & Tomato Confetti Rice Tortilla Chips Diced Peaches Milk Taco Sauce	*Mushroom Chopped Steak Baked Beans Sliced Carrots *Wheat Bread Fresh Fruit Milk	<u>Special Birthday Meal</u> *Oven Fried Chicken Whipped Potatoes w/Gravy Green Peas w/Onions *Dinner Roll Sherbet Milk Margarine	Cheese Omelet Spiced Black Beans Stewed Tomatoes *Biscuit Fresh Fruit Chocolate Milk Margarine	*Cheese Tortellini w/Marinara Broccoli Green Beans *Multigrain Bread *Nutty Buddy Bar Milk Margarine
13	14	15	16	17
*Chicken Tenders Northern Beans Peas w/Red Peppers *Multigrain Bread Fresh Fruit Milk Ketchup	*Homestyle Beef Casserole Broccoli Green Beans *Texas Bread *Fudge Cream Cookie Milk Margarine	Confetti Chicken Brown Rice Glazed Carrots *Wheat Bread *Animal Crackers Milk Margarine	*Horseradish Meatballs Delmonico Potatoes California Vegetables *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	Chicken Salad *Lemon Orzo Salad Beet Salad *Wheat Bread *Rice Krispy Treat Milk
20	21	22	23	24
*Meatloaf w/Tomato Gravy Whipped Potatoes Catalina Vegetables *Wheat Bread *Graham Crackers Milk Margarine	Apple Glazed Turkey Ham Brown Rice *Lemon Brussels Sprouts *Texas Bread Fresh Fruit Milk Margarine	*Garlic Breaded Chicken Whole Kernel Corn Green Peas *Cornbread Muffin Lemon Gelatin Milk Margarine	*Italian Shells & Cheese Green Beans Spring Vegetables *Wheat Bread Fresh Banana Chocolate Milk Margarine	*Beef Meatballs w/Gravy Mixed Beans Tossed Salad *Multigrain Bread Hot Oranges/Pineapples Milk Margarine Ranch Salad Dressing
27	28	29	30	
Mozzarella Grilled Chicken *Macaroni & Cheese Medley Cabbage *Multigrain Bread *Fig Bar Milk Margarine	*Cheesy Beef Penne Broccoli Glazed Carrots *Texas Bread Fresh Fruit Milk Margarine	*Diced Teriyaki Chicken Jasmine Rice *Japanese Vegetables *Wheat Bread *Oatmeal Raisin Cookie Milk Margarine	Turkey Breast w/Gravy Whipped Potatoes Green Beans *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	 <p>TRIO Community Meals Nourishment through compassionate care.</p>