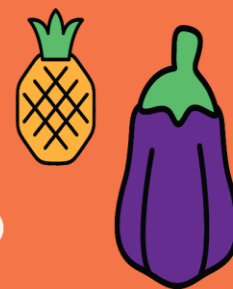


Central Plains AAA

August 2026



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Lemon Pepper Chicken Dirty Brown Rice Green Beans *Wheat Bread Fresh Fruit Milk Margarine	*Spaghetti Torte Herbed Green Peas Parslied Carrots *Multigrain Bread Strawberry Craisins Milk Margarine	*Meatballs w/Rosemary Sauce Garlic Whipped Potatoes Broccoli *Wheat Bread *Cinnamon Sugar Cookie Milk Margarine	*Creamy Paprika Chicken *Macaroni & Cheese Northern Beans Brussels Sprouts *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	*Tuna Salad Lettuce & Tomato Dill Potato Salad *Wheat Bread (2) Mixed Fruit Milk Mustard
10	11	12	13	14
*Vegetable Lasagna Cauliflower Broccoli *Wheat Bread *Carnival Cookie Milk Margarine	*Salisbury Beef w/ Mushroom Gravy Oven Roasted Potatoes Sliced Carrots Wheat Bread Fresh Fruit Milk Margarine	<u>Special Birthday Meal</u> *Oven Fried Chicken Whipped Potatoes w/Gravy Green Peas w/Onions *Dinner Roll Sherbet Milk Margarine	*Sloppy Joe Baked Beans Cabbage *Whole Grain Hamburger Bun Fresh Fruit Chocolate Milk	Cheese Omelet Hashbrowns Hot Spiced Apples *Multigrain Bread Lemon Gelatin Milk Margarine
17	18	19	20	21
*Teriyaki Turkey Meatballs Brown Rice Chinese Cabbage *Multigrain Bread Raisins Milk Margarine	*Italian Shells and Cheese Green Peas Parslied Carrots *Texas Bread Fresh Fruit Milk Margarine	*Hamburger Patty w/ Balsamic Brown Sugar Sauce Mixed Vegetables *Wheat Bread *Fudge Cream Cookie Milk Margarine	*Pineapple Chicken Northern Beans Green Beans *Cornbread Muffin Fresh Fruit Chocolate Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce/Tomato/Onion Three Bean Salad *Multigrain Bread (2) Rosy Applesauce Milk
24	25	26	27	28
Cheese Enchiladas w/ Chili Sauce Spanish Rice Glazed Carrots Fresh Fruit Milk	*Turkey Bolognese Broccoli Whole Kernel Corn *Multigrain Bread *Nuttty Buddy Milk Margarine	*Swiss Steak Delmonico Potatoes Herbed Green Beans *Multigrain Bread *Graham Crackers Milk Margarine	Chicken Marsala *Penne Noodles Garden Vegetables *Multigrain Bread Fresh Fruit Chocolate Milk Margarine	Hamburger Patty Lettuce/Tomato/Onion Baked Beans *Whole Grain Hamburger Bun Hot Pineapple Tidbits Milk Mustard Ketchup
31				
*Potato Crushed Pollock Whipped Sweet Potatoes Green Beans *Multigrain Bread *Rice Krispy Treat Milk Margarine		Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free. *Contains Wheat / Gluten		 Nourishment through compassionate care.

Site Location: _____

Participant Name: _____

Congregate or Home Delivered: Circle One _____

Comments: _____